

In This Life Past Life Series Book 1

This is the revised edition of Dr. Stevenson's 1987 book, summarizing for general readers almost forty years of experience in the study of children who claim to remember previous lives. For many Westerners the idea of reincarnation seems remote and bizarre; it is the author's intent to correct some common misconceptions. New material relating to birthmarks and birth defects, independent replication studies with a critique of criticisms, and recent developments in genetic study are included. The work gives an overview of the history of the belief in and evidence for reincarnation. Representative cases of children, research methods used, analyses of the cases and of variations due to different cultures, and the explanatory value of the idea of reincarnation for some unsolved problems in psychology and medicine are reviewed.

Miracles can occur in your life, easily and effortlessly. It's simply a matter of remembering who you are - and to do this it's necessary to clear the blockages that stand between you and your soul. Almost all of these obstacles have their roots in your distant past, so it's valuable to travel back in time to release them. However, most of us are so caught up in limiting beliefs about who we are that it's almost impossible to take that journey. In this book, you'll learn how to travel back to your previous incarnations to release buried obstructions so you can create the miracles in your life that you deserve! It's safe, easy, and fun . . . and anyone can do it! You'll learn how to discover your past lives without ever doing a regression, remove limitations regarding your relationships, abundance, and health that came from your past lives, uncover the symptoms of past-life traumas and how to clear them, even if you don't believe in reincarnation, understand the roles that loved ones played in your previous incarnations, find your personal guides, spirit guardians, and angels and receive their help. . . and much, much more!

An accessible, concise and comprehensive guide to unlocking and working with your past life memories to encourage healing and self-empowerment. *Past Lives Made Easy* introduces the idea that we have multiple lifetimes, explores how they can connect to each other and offers techniques to help you experience the incredible healing and growth that they can offer you. Hypnotherapist and past life therapist Atasha Fyfe explains step by step how regression works and how readers can use it to find the clues to their past lives. She shares astonishing cases of children's past life memories, how the body holds on to past life memories and what the common triggers for them are. Regressions can bring many benefits to the reader, including helping them release emotional or psychological blocks they have in their present life. Readers can use this book to: initiate a past life regression at home discover their own past lives learn about the benefits of past life awareness receive the positive messages that can come through during a regression This title was previously published in the Hay House Basics series.

"Describes how to recognize past-life memories as they arise from the subconscious mind." --Fate magazine.

If you're ready to explore who you were before and how the events and emotions in your past lives affect and influence who you are now, this book offers you a journey into and through your memories that show you the pictures of your past lives. Have you ever met someone for the first time, yet felt you'd known him or her forever? Have you

ever been someplace for the first time, yet experienced a sense that it was very familiar? These experiences indicate a connection with your past lives. Through repeated incarnations, you gain knowledge and resolve negative situations (karma) incurred in previous lives. You're guided through understanding, balancing, and healing your karma in a clear, loving way. You'll see how to recognize soul mates and special people you've been with before, and understand their connections to you now. You're offered many avenues to pursue in helping you open your memories, such as dreams and déjà vu, current clues, past patterns, pre-birth promises, carry-overs, continuations, and much more. As you put together the puzzle pieces of your past lives, you'll how all your experiences, in every lifetime, have shaped and molded you into who you are now. Unraveling and understanding your past lives is like reading a wonderful mystery novel. Your past lives are filled with interesting and informative characters who share secrets and clues with you. You'll find fascinating facts and hidden truths. You're the detective and it's up to you to unearth the clues that will lead you to discovering your past lives. The value of remembering your past lives is in the insights and knowledge you gain into the experiences in your present life. The benefits of remembering the events and emotions in past lives is in applying those insights and knowledge gained from your past life journeys into your present life. Please visit us at <http://past-life-journeys.blogspot.com>.

Cases of responsive xenoglossy thus add to the evidence concerning the survival of human personality after death.

Welcome to *Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History*. This book is written for the person who is intrigued by the possibility of having lived a past life, but isn't quite sure where to begin your exploration. Are you curious to know if you've lived a past life? Do you think you may have been reincarnated? Do you want to hear about stories of people who claim they remember a past life? Do you want to learn how to determine your own past life history? Today only, get this Amazon bestseller for just \$9.97 The idea of reincarnation is one of the few constants found in cultures across the world. While the specifics may differ from region to region, the striking similarities alone are enough to add some credence to the claims and the thousands of personal accounts over the past 50 years add even more. Inside *Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History*, you will find famous cases of reincarnation, stories of reincarnated children, a bevy of famous individuals who claim they have been reincarnated and more. If you are curious about your own past life potential, then utilizing past life regression therapy is the easiest way to probe the depths of your own subconscious and inside you will learn how to do so on your own, without having to resort to finding a high priced hypnotherapist to get the same results. Understanding your past lives and how they affect you can do everything from removing mental blocks related to success to ridding you of potentially crippling phobias, do yourself a favor and download this book today. Inside you will find: The 10 surest signs that you have been reincarnated multiple times. The stories of famous people from Phil Collins to Salvador Dali who have reason to believe they were reincarnated. The reasons the scientific community is taking notice of reincarnation theories. And more... Five More Things You Will Learn When You Purchase

'Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History' 1) The science behind reincarnation and past lives 2) An introduction to Past Life Regression Techniques 3) Extraordinary accounts of past life memories and experiences 4) The story of a young boy named Ed Austrian, who in 2012, gained media attention thanks to a persistent sore throat that just wouldn't go away. Edward recollected the story of a past life that related to man named James who died in World War I. You will learn the amazing account of how his sore throat related to his past life. 5) Multiple recollections from famous people who claim to have lived past lives Take a leap of faith and find out if you have lived a past life. Remember, information that can be found when delving into your past lives is vast, there is no limit to what you may learn. This knowledge won't always be achieved easily, however, but with dedication and commitment, you can truly hope to see the most complete results. Take action now and download your copy of "Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History" by clicking Add to Cart button. Tags: reincarnation, reincarnation and past lives, past lives, past lives future lives, past lives dreams and soul travel, past lives present miracles, past lives of the rich and famous, past lives and reincarnation, past lives and present problems, past lives of children

A riveting firsthand account of one man's mission to investigate and document some of the most astonishing phenomena of our time—children who speak of past life memory and reincarnation. All across the globe, small children spontaneously speak of previous lives, beg to be taken "home," pine for mothers and husbands and mistresses from another life, and know things that there seems to be no normal way for them to know. From the moment these children can talk, they speak of people and events from the past—not vague stories of centuries ago, but details of specific, identifiable individuals who may have died just months, weeks, or even hours before the birth of the child in question. For thirty-seven years, Dr. Ian Stevenson has traveled the world from Lebanon to suburban Virginia investigating and documenting more than two thousand of these past life memory cases. Now, his essentially unknown work is being brought to the mainstream by Tom Shroder, the first journalist to have the privilege of accompanying Dr. Stevenson in his fieldwork. Shroder follows Stevenson into the lives of children and families touched by this phenomenon, changing from skeptic to believer as he comes face-to-face with concrete evidence he cannot discount in this spellbinding and true story.

In a collection of personal essays, the actress shares her views and insights on aging, Hollywood, being polite, sex, and anger.

The author recounts her search for the children of the woman she believes she was in a previous incarnation

Exploring past lives, communicating with the departed, meeting spirit guides. . . .

According to Dr. Joe Slate, accessing the spirit realm is not only possible, it's beneficial for our present lives and future spiritual evolution. Past-life knowledge can offer direction and balance, explain fears and compulsions, build self worth, and promote acceptance of others. This introduction to reincarnation examines the mind/body/spirit connection and the existence of the ageless soul. Also presented here are Dr. Slate's simple, laboratory-tested strategies for exploring the nonphysical world. Readers can

learn how to probe past lives and preexistence through self hypnosis, astral travel to new spiritual dimensions, and communication with spirits through table tipping. The author's own fascinating experiences, along with personal accounts of his subjects who have tested his techniques, are also included.

Have you always felt like there was something inside that's been holding you back from making your dream life a reality? Perhaps you have an old pattern of negative behaviour you're not presently aware of but is still embedded in your subconscious? Today, a very big part of human population believes in reincarnation and past lives. Some people know that they have lived before. Some believe that they have had multiple lives, stretching far back into history. They believe that each of us have lived many lifetimes - lifetimes that may cause us to hold onto traumatic or painful memories. These memories can carry over into our current lives causing pain and traumas. In this book, you will find: A brief introduction explaining the power of Hypnosis to drive the sub-conscious mind into a more profound and enlightened state of being How to Discover information about your past lives How to know and understand your past selves How to access hidden memories Guided Past Life Regression Hypnosis: step-by-step session to remember your past lives. How to instantly relieve stress, calm energy, increase your inner peace and practice mindfulness You can help yourself improve the quality of your life with past life regression hypnosis form now, even if you are a beginner. You can start - wherever you are - from this moment. You have only to close your eyes, keep an open mind, and take deep breaths... Scroll Up and Click the Buy Now Button to Get Your Copy!!

Have you lived before? Suddenly the idea of reincarnation has produced a wave of resonance in modern society and struck a chord. This book documents the growing public acceptance of the possibility that all of us will live again after we finish our present 'go-around' on the planet Earth. The ancient concept of reincarnation and past lives has not only re-emerged into our modern consciousness, but seems to have become a more natural and accepted part of our world view. Some studies show that twenty-five percent of people in modern western countries now agree that reincarnation is not only possible, but a reality. The implications of this are enormous. Imagine a population that has been released from the fear of death. Suddenly, we have all the time in the world - eternity, in fact! Life now takes on a new dimension of meaning. We realize that this is not all there is and we also understand that we are more than our physical bodies and because we are more than our physical bodies, we can access that which is beyond the physical. Our potential is virtually unlimited. Freedom from the fear of death is a kind of universal freedom that can flow across all aspects of life and living. Knowing that we are not mere physical lumps of biological matter, but indestructible souls constructed of pure consciousness is a magnificent vision for humanity. Knowing that we are 'souls' means that we can live out our lives from that basic understanding. It is the ultimate empowerment. No doubt many will remain sceptical about the possibility of reincarnation. But it seems this is a concept and a phenomenon that is not going away. Those amazing headlines in the media just keep coming. Every day more people - average, ordinary everyday people - are discovering that they have an undeniable connection to something larger, something infinite and something absolutely amazing. Table of Contents Bentreshyt - A Priestess of Isis The Reawakening of Marty Martyn Past Lives on Other Planets The Interesting Case of Sherrie Lea Laird and

Marilyn Life on Mars Group Reincarnation The Druze The Genius Connection The Science of Reincarnation

Past life regression therapy is built upon the idea that we're eternal beings that move from life to another in different place and time. As perpetual spirits, we come across bodily existence on Earth in a series of persona and physical bodies. On a spiritual level, we choose every lifetime as a way to learn the lessons we've to head off for ourselves. Exploring our life in the past through a therapy for apparently inexplicable physical or mental issues is known as Past Life Regression Therapy. It works together with beliefs of reincarnation and takes us back in earlier life to get a better understanding of our life we live in the present. In this book, we will tell you everything you need to know about Past Life Regression and how you can even perform it on yourself without the help of a hypnotherapist.

A unique, insightful, and practical look into the enormous power of past life regression therapy to unlock a healing pathway that can help you resolve enduring personal issues, enrich your life, and answer burning spiritual questions about your purpose on this earth. In this rare and fascinating intimate glimpse at past life regression therapy, licensed therapist Ann Barham invites us into her office as she helps her clients mine their unconscious memories for the key past life experiences that can provide specific guidance for their current situations. No longer simply the stuff of new age practitioners, past life regression therapy is a powerful tool that can improve your understanding of your personal challenges and deepen your connection with the world around you. Barham demystifies this intriguing phenomenon, sharing her client's astounding stories, each a clue to the profound influence the personalities of the past have on our thoughts and actions today. As modern science and technology advance at overwhelming rates, many of us crave the healing insights and feelings of eternal love that survivors of near death experiences frequently report. Through past life therapy, everyday people are able to experience prior lifetimes all the way through their deaths, tapping into abiding spiritual truths and answering essential questions about human existence.

Have you ever wondered why certain life patterns have been so hard to turn around? The reasons may be encoded in your eternal history-in karmic sources that were set lifetimes ago. Perhaps you keep struggling with money problems, feel hopeless about finding true love, or have an addiction you can't seem to beat. These current issues could be traced back to previous lives. Even psychological and physical ailments such as chronic pain, allergies, weight problems, and self-doubts could originate in unknown past events. Yet these past-life sources don't have to remain a mystery-or have any power over you anymore! In this enlightening and truly liberating book, Sandra Anne Taylor explores the energy of karma and reincarnation, revealing how your eternal consciousness can become encoded, influencing your destiny today. When you learn how to release and rescript your karma, you can pave the way to joy and personal power-now and in years to come! The audio download includes- a safe and easy past-life regression designed to reveal your encoded information, a fast and fun meditation to rewrite the past and change the present, a meditation to set future intentions and look into potential future events, and affirmations to release your karma and program greater success.

Welcome to the exciting world of past life regression! Hypnotherapist Steve Burgess

has conducted many thousands of past life regression sessions and this book details some of the incredible healings his clients have experienced as a result of past life therapy. Each of the client's stories is vividly re-told using the words that they spoke whilst in trance in their regression sessions. They paint exciting pictures and describe in detail the events that took place in the past lives, often giving a fascinating insight into life in former times. If you're interested in spiritual issues or in learning more about reincarnation and how our previous lives affect our present life, you'll be fascinated to read the journeys of Steve's clients as they release the traumas of their past lifetimes and achieve wholeness in this life.

Dr. Bruce Goldberg a prominent hypnotherapist chronicles a practice that has led hundreds of patients on dramatic voyages of self-discovery through not only centuries past but also centuries to come. He discloses here, the rapture and revelation of the soul's migration from life to life. His subjects fathom the workings of Karma, transition between frequencies, "light" beings, and passage through astral and etheric planes. And often, they awake to find their present-day lives transformed. "From the Paperback edition.

The first book to approach reincarnation from the perspective of dreams • Identifies soul bloodlines, the key to past life therapies • Combines the author's own experiences with case studies and dreamwork with empirical research • Reveals how the analyst and client are often karmically linked In *Past Life Dreamwork*, Sabine Lucas examines "soul bloodlines"--character traits, talents, and life issues that are the common elements and circumstances of successive past lives. Found threaded through our dreams, these bloodlines reveal the forces manifesting in this life, and, taken together, they shape individuality as well as destiny within the reincarnation cycle. Though a wealth of past life related material regularly surfaces in dreams, until now dreamwork has been largely ignored as a therapy for successfully integrating past life experiences. Using the results of 27 years of personal and professional work, Lucas explains that past life memories help us work out karma on the macro level and trauma on a micro level. She distinguishes three types of past life dreams--classic, informatory, and hybrid--and demonstrates how to distinguish these from other dreams. Her dramatic case studies illustrate the effectiveness of dream therapy in recognizing and integrating the resonant and recurrent circumstances and ethical dilemmas that are played out in the subconscious mind. These psychologically revealing stories bear witness to how individuals are made whole through the integration of common strands of forgotten or repressed past lives. Lucas shows that the integration of past lives enriches the conscious self and also promotes universal tolerance through an understanding of the patterns of our psychic soul inheritance.

"It would be naive to suppose that intelligent life exists only on Earth. Dr. Linda Backman's groundbreaking book offers credible evidence of evolved interplanetary souls incarnate in human bodies. *Souls on Earth* presents a critical understanding of the gifts and challenges of such advanced beings."—Larry Dossey, MD, author of *One Mind* Discover the profound truth about interplanetary souls—people whose previous lives were experienced on distant planets or in other dimensions. In her work as a regression hypnotherapist, Dr. Linda Backman frequently meets with individuals who have had past lives on planets and realms beyond Earth. These individuals—called interplanetary souls—have agreed to come to Earth to help support the evolution of the planet as well as to develop themselves and learn lessons for spiritual advancement. In *Souls on Earth*, Dr. Backman shares her fascinating work with interplanetary souls. This book explores the characteristics of interplanetary souls so that if you are one, you will be able to understand more about your life purpose and cope with the special challenges that come with an incarnation on Earth. Learn how to identify IP souls and discover how they can assist humanity's evolution. Explore ways to support yourself or loved ones who may be IP

souls. For many people struggling with difficult lessons or trying to find meaning, this book opens the door to new understandings and the potential for peace. Praise: "Based upon data from case studies gathered across decades in more than ten thousand soul regressions, Dr. Backman describes our soul energy as a light frequency, as our luminous body, and reveals that from our first incarnation, our divine soul light initiates a long-term and profound climb toward higher wisdom. In this book, we discover that each of us arrives on Earth with a two-fold evolutionary purpose: To progress our individual soul and to holistically advance life on Earth."—Hank Wesselman, PhD, author of *The Spiritwalker Trilogy* and the award-winning *Awakening to the Spirit World* (with Sandra Ingerman) "Souls on Earth by Linda Backman is a fascinating book filled with a grounded presentation and case studies that share a wealth of information and insights into the different dimensions of reality and wisdom brought to Earth by incarnate interplanetary souls. This is a wonderfully written and thought-provoking book!"—Sandra Ingerman, MA, author of *Soul Retrieval and Walking in Light* "Nothing clears the mind and body as well as Past Life Therapy. Wherever you are on your soul evolution path, this is the way to integration of everything."—C. Norman Shealy, MD, PhD, founder and CEO of International Institute of Holistic Medicine, president of Shealy Wellness, cofounder of the American Board of Scientific Medical Intuition, and author of *Conversations with G: A Physician's Encounter with Heaven* "As someone who has extensive experience studying the evolution of the soul, I highly applaud Linda Backman for her dedication and courage in taking us on a fantastic voyage through time and space in her groundbreaking book *Souls on Earth*."—Kim Russo, psychic medium, intuitive counselor, and host of *Psychic Intervention and The Haunting Of...*

In this compelling account of her memories of past lives and her visions of lives to come, the author of "Across Time and Death" presents a fascinating look at the continuity of past, present, and future.

Jenny Johnston, founder of Quantum EFT, shows through many of her clients' past life experiences and Quantum EFT sessions how we can release soul patterns and issues that are affecting us now. You will read transcripts of sessions and feel like you are right there with them as they discover higher learning and more about who they really are. You will be fascinated by sessions that take you to other planets and on a journey that you will be in awe of. What is your soul purpose and why are you here? You will discover truths about yourself as you relate to these people's transformations and self-discoveries.

Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield--an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In *Children's Past Lives*, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most moving, convincing, and best-documented evidence yet for life after death, *Children's Past Lives* will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death

Angels are among us. You may even know one. You yourself may be an angel! This book shares true stories from Shannon Peck's Spirit World Regression clients who discovered that they are angels, from the Angelic Realm, right here on Earth. In this book you will learn: -About

the Angelic Realm-How to identify an angel and if you are one-How someone becomes an angel-Problems angels have on earth-Your Master Guides and how you can connect with them-How you can live your happiest and most purposeful life and what may be stopping you Shannon Peck is a Past Life and Spirit World Regression counselor. Her work centers on revealing your soul and its purpose, in past lives and in between lives. She has been a spiritual healer for over 30 years. Known as a "Love Healer," her work is centered on the healing power of divine Love. Shannon is the author of Past Life and Spirit World Regressions, Healing Through Revealing Soul and Love Heals: How to Heal Everything with Love.

What is past life regression? Do you believe in reincarnation? Do you believe that you were someone else? Do you have previous life before your current life? How can past life regression (PLR) guide you? Many people over the world believe they have experienced reincarnation. And those reincarnation experiences have a positive impact that can be used as part of a healing process in therapy. Many people are searching for a path and way to know more about their previous life before their present life. So, this book pretty much will guide you to answer those complex questions above. PLR-its literal definition-is a journey into past life. When you are hypnotized, you can track that period before your present life. What if you don't believe in past life regression? Even if you don't believe in reincarnation, most people believe that when we die, our soul will continue to live in a different live as a different person. Meaning that, after we die, our soul will continue to occupy a different body until that body or physical form also becomes old and an improper vessel for the soul. Maybe you read this book because you or people you know believe in a previous life. There is unique way to know your previous life through hypnotherapy. I suggest that you open your mind to this possibility and read Nathalia Sunaidi's book.

Discovering Your Past Lives McGraw-Hill Education

Could the cause of your struggles be hidden in your past lives? Under every major behavior pattern is a set of images whose origin might be in childhood, from our time in the womb, or from previous lives. Living Your Past Lives: The Psychology of Past-Life Regression demonstrates how a psychologist has integrated the influences from multiple levels of his clients' conscious and unconscious life. This book shows how your life patterns are linked to your past-life experiences (karma), how those buried memories influence you, and what can be done about them. You will learn how your karma is alive today in your: Behavior patterns Emotional reactions Recurring dreams Relationship patterns Explore the creative aspect of karma to find out what it is trying to tell you. Also, find out how your experience in the womb prepared you to carry out both your karma and your parents' secret needs as well. Living Your Past Lives is a rich feast with case studies, discussion of the difference between past-life therapy and past-life regression, and implications for living better today. Included is a technical section for therapists and interested laypersons. Discover how your karma can help you live more fully in the present.

You have the ability to access the collective wisdom of all your past life experiences. By tapping into this immense storehouse of knowledge through self-hypnosis, you will gain direction, mastery over your fears, a greater sense of self-worth—and the power to take charge of your life. Dr. Joe H. Slate and Carl Llewellyn Weschcke put a unique do-it-yourself spin on hypnosis, teaching you step by step how to conduct your own past-life regression using powerful, scientifically tested methods, such as astral projection and spirit interactions. Fascinating true accounts from Dr. Slate and his subjects highlight the effectiveness of these empowering techniques. —Explore your past and future lives —Delve into life between lifetimes —See how many past lives you have lived —Communicate with departed loved ones —Meet your spirit guides —Discover new spiritual dimensions Once you begin to retrieve your past life experiences, you can apply the lessons learned toward present-day healing, spiritual growth, and enlightenment for the continued evolution of your soul.

Describes the case of a young woman suffering from anxiety attacks, explains how hypnosis revealed her memories of past lives, and discusses the usefulness of regression therapy. Providing evidence to the validity of past lives, this self-help guide delves deeply into past life regression and offers a thorough understanding of each step of the process. Through detailed transcripts of actual sessions, ordinary people speak candidly about their experiences with this form of self-discovery. Confirming that she has gone through the same journey to healing, Lorraine Flaherty incorporates stories of her own past lives to illustrate the ways these insights can aid in clearing away mental clutter, help to form better decisions, cause one to become more empowered, and put one's life on the right path. With a compelling and down-to-earth approach, this remarkable discussion illustrates the ways that any reader—from the idly curious to the serious spiritual seeker—can develop a greater understanding of who they are, where they come from, and where they are going.

The *Other Side* and *Back and Life on the Other Side* were phenomenal #1 New York Times bestsellers. Now world-renowned psychic Sylvia Browne returns with a book that takes her millions of devoted readers on an extraordinary journey of past lives. From two-time #1 bestselling author Sylvia Browne comes a remarkable book that shows how our past lives affect everything from our relationships to our health and well-being. With millions of copies of her book in print, Sylvia Browne has proven herself the reigning expert on psychic phenomena. In her newest book, the New York Times bestselling author takes us into the mysteries of our own bodies in a comprehensive guide that explores the far-reaching influence the afterlife can have on our health and happiness in this life. With the unique understanding, sensitivity, and profound insight that distinguished her previous books, Browne gives us an unprecedented look at the way so many of our health and relationship problems have their roots in our unresolved past lives: from unexplained illnesses to bizarre phobias, from irrational anxieties and fears to the partners and loves we choose. Even birthmarks and recurring dreams can be traced directly back to these past existences. In the friendly, no-nonsense style that her fans adore, Browne shares amazing and inspiring real-life stories of people who have transformed their lives through understanding their previous existences. *PAST LIVES, FUTURE HEALING* takes readers on another fascinating odyssey into the other side. And like her earlier books, this will not only help people lead more satisfying and fulfilling lives, but will illuminate a hitherto unknown path to overcoming many of the most frustrating and devastating physical and emotional problems that can occur in life.

Dr. Tucker, in a follow-up to his book *Life Before Life*, explores American cases of young children who report memories of previous lives in the New York Times bestseller, *Return to Life*. A first-person account of Jim Tucker's experiences with a number of extraordinary children with memories of past lives, *Return to Life* focuses mostly on American cases, presenting each family's story and describing his investigation. His goal is to determine what happened—what the child has said, how the parents have reacted, whether the child's statements match the life of a particular deceased person, and whether the child could have learned such information through normal means. Tucker has found cases that provide persuasive evidence that some children do, in fact, possess memories of previous lives. Among others, readers will meet a boy who describes a previous life on a small island. When Tucker takes him to that island, he finds that some details eerily match the boy's statements and some do not. Another boy points to a photograph from the 1930s and says he used to be one of the men in it. Once the laborious efforts to identify that man are successful, many of the child's numerous memories are found to match the details of his life. Soon after his second birthday, a third boy begins expressing memories of being a World War II pilot who is eventually identified. Thought-provoking and captivating, *Return to Life* urges its readers to think about life and death and reincarnation, and reflect about their own consciousness and spirituality.

Understand your present with this powerful book on past lives. In this book, regressionist Mira Kelley shares the life-changing lessons she has learned from her clients to help you find support and understanding, and to empower you in your own growth. Mira teaches you how to connect with your Higher Self in any moment to receive guidance. You'll come to understand how everything around you is just a reflection of yourself, why is it important to forgive, why you have the right to love yourself, and how the Universe always supports you lovingly and unconditionally. The stories contained in these pages will help you discover how to heal your body, mind, and spirit as you learn about the nature of time, karma, destiny, and free will—as well as how each choice creates a new reality for you. As you read *Beyond Past Lives*, you'll see how regression has helped others shift to a reality of health and well-being, and you will be guided to achieve the same for yourself. Prepare for a powerful transformation as you experience the profound lesson of your past lives!

An examination of forty years of scientific research into young children's reports of past-life memories draws on the cases of 2,500 toddlers, some of whom possessed birthmarks or scars matching those of deceased family members.

What are soul groups? What is the spirit world? What lies in the mysterious realm of life between lives? Do our past lives really catch up with us in the present? *Past Lives Unveiled*, the third book in the trilogy written by Barry Eaton, takes a fresh, new look at past lives and reincarnation. It features some highly unusual case studies, including two previously unpublished hypnotic regressions by eminent psychologist, author, and past-life expert Dr. Michael Newton. Two sisters were regressed independently by Dr. Newton and went back to a life in a Stone Age tribe. This book will reveal details of these regressions to the public for the first time. The author also includes details of his own regression by Peter Smith, a past-life expert and president of the Newton Institute. His graphic visitations to ancient Greece and to the United States at the time of the Civil War make for absorbing reading.

Discover how flashes from past lives can appear as signs and synchronicities, childhood impressions, dreams and memories, even spontaneous shifts in consciousness or time. Providing time-tested exercises, *Past Lives, Present Stories* shows how to explore your past lives and use the lessons you've learned to flourish in your present incarnation. Join author Judith Marshall as she takes you through the full range of techniques for exploring your past lives and piecing together information to help you on your path. Providing examples of her own glimpses into her past lives, Judith illustrates how illuminating and healing past-life discovery can be.

An extraordinary debut novel of love that survives the fires of hell and transcends the boundaries of time. On a burn ward, a man lies between living and dying, so disfigured that no one from his past life would even recognize him. His only comfort comes from imagining various inventive ways to end his misery. Then a woman named Marianne Engel walks into his hospital room, a wild-haired, schizophrenic sculptress on the lam from the psych ward upstairs, who insists that she knows him – that she has known him, in fact, for seven hundred years. She remembers vividly when they met, in another hospital ward at a convent in medieval Germany, when she was a nun and he was a wounded mercenary left to die. If he has forgotten this, he is not to worry: she will prove it to him. And so Marianne Engel begins to tell him their story, carving away his disbelief and slowly drawing him into the orbit and power of a word he'd never uttered: love.

Helps you explore your previous lifetimes, embrace your wondrous past, and recognize that you, as a human soul, are eternal. This title describes different types of past-life recall experiences and shares favoured techniques of meditation and visualization used to gain access to those memories.

This remarkable book explores how our companion animals' distinct personalities and behaviors reveal that they have already lived with and loved us—only in a different life.

Featuring amazing stories of people who knew their animals in a past life, whether a dog, cat, horse, guinea pig, or other, *Past Lives with Pets* strengthens the unique bond with your animals and shows you how to heal from the trauma of losing them. Could your cat have within him the reincarnated soul of your beloved dog? Are your pet's idiosyncrasies so familiar because your pet has played a vital role in your soul's journey? Through past life regression and hypnotherapy case studies, Shelley A. Kaehr helps to confirm that the answer is yes. This entertaining and enlightening book also provides guided imagery practices to help you connect with your own past life experiences and soul lessons for spiritual growth.

Have you ever experienced a feeling of déjà vu . . . or had recurring dreams of a particular place or time . . . or felt instantly close to some person? All these experiences provide clues to past lives. With *How To Uncover Your Past Lives*, you'll learn how knowledge of past lives can help you gain clear insight into your spiritual purpose for this lifetime. Popular author Ted Andrews teaches you how to safely and easily explore past-life memories using self-hypnosis, meditation, dowsing, fragrance, and crystals. Discover how to: Use past-life awareness as a tool for spiritual growth Recognize soul mates and their role in your life Understand the true meaning of a twin soul Let go of self-defeating behaviors and beliefs from past lives Gain insight into your life's purpose

Have you ever wanted to explore your past lives to help better understand the purpose of your soul's journey through eternity? Would you like to help guide your friends and relatives into a meditative state when they can recall their own hidden past life memories to help them with the very personal challenges of their current lives? If so, this book is for you. This book will help you discover the long journey of your soul - whether your most recent incarnations were in the distant, distant past or from a slightly more recent period of history. You'll discover how important events of your past life create trends and can significantly impact your current life. You'll see how people, family, and friends help create karmic resonances and causal ripples from pasts long since forgotten. Author Daniel Kai has spent years investigating past life phenomena and helping others recover their own past life memories. By popular request, he has created this book to help show you how to achieve the same amazing past life recollection results in the comfort of your own home. By the time you finish reading this book, not only will you be able to provide your own past life regression, but you will have enough information to act as a past life advisor to help others. In this book you will learn* how to use the included guided meditation script to help clients and others recover their own lost past life memories* how to distinguish between real past life memories and memories conjured by false memory syndrome* how to induce deep, deep states of relaxation in yourself and clients to begin probing the recesses of their minds* the basics of and the differences between hypnosis and guided meditations* how to hone in on specific past life memories* how tragedies and important events in past incarnations dramatically affect your current life conditions If you are even remotely curious about past lives and how to help yourself and others enter into a state of mind to recover their hidden past life memories, this book is definitely for you. I hope you enjoy this book as much as I enjoy creating it.

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