

Choice Or Chance A Guide To Career Planning

Happiness is the ultimate goal for so many of us, but why does it often feel like a destination that's completely unreachable? Everybody wants a better life, yet for so long we have been looking in all the wrong places and directing our focus outwards for solutions that can only be found on the inside. In *Now Is Your Chance*, Niyc Pidgeon offers the missing piece of the puzzle to help you stop chasing your joy and finally start feeling it! Grounded in Niyc's training as a Positive Psychologist and her many years of coaching experience, *Now Is Your Chance* offers a 30-day guide to creating powerful, purposeful and meaningful change. It does not require any external resources – there's nothing new to buy, sign up for or schedule, and no other person to call on. You already have everything you need to start and succeed. Inspiring, motivating and practical, this programme shows you how to create a life filled with authentic and lasting joy. With this book, you have no excuse to put off your happiness until tomorrow – *Now Is Your Chance*.

In this “brave and heartbreaking novel that digs its claws into you and doesn't let go, long after you've finished it” (Anna Todd, New York Times bestselling author) from the #1 New York Times bestselling author of *All Your Perfects*, a workaholic with a too-good-to-be-true romance can't stop thinking about her first love. Lily hasn't always had it easy, but that's never stopped her from working hard for the life she wants. She's come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily's life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He's also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn't hurt. Lily can't get him out of her head. But Ryle's complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his “no dating” rule, she can't help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, *It Ends with Us* is “a glorious and touching read, a forever keeper. The kind of book that gets handed down” (USA TODAY).

Single by Design. Single by Default

Your struggling teenager is going to a residential or wilderness treatment program. Their addictions, learning disabilities, or emotional/behavioral issues have brought you to a moment of decision. Heartsick, anxious, and exhausted, questions bounce endlessly around your mind, “Will this work? Was this really necessary? Will she ever forgive me? Can we handle him at home when the time comes?” Dr. Tim Thayne delivers the answers in his groundbreaking book *Not by Chance*. As an owner/therapist of wilderness and residential programs, Thayne was frustrated when young people made monumental progress, only to return home where things quickly unraveled. His mission became to vastly improve long-term success by crafting and proving a model to coach parents on their power to lead out through full engagement during treatment and management of the transition home. *Not by Chance* engages readers through solid research, simple exercises, and captivating stories taken from Thayne's own life and the living rooms of hundreds of American homes. This book serves up concrete tools, hope, confidence, and stamina for families, professionals and mentors. Topics include: • Why good programs work • How to boost—not undermine—treatment • Nine dangers waiting after discharge • How to identify natural mentors for your teen • What to do when the testing begins • When and how to grant back privileges and freedoms • How to ease your young adult's transition from treatment to independent living • When you know you've succeeded If you are even considering out-of-home treatment for your teen, do not gamble with the outcomes. *Not by Chance* should claim its rightful place on your nightstand.

Chance continues to govern our lives in the 21st Century. From the genes we inherit and the environment into which we are born, to the lottery ticket we buy at the local store, much of life is a gamble. In business, education, travel, health, and marriage, we take chances in the hope of obtaining something better. Chance colors our lives with uncertainty, and so it is important to examine it and try to understand about how it operates in a number of different circumstances. Such understanding becomes simpler if we take some time to learn a little about probability, since probability is the natural language of uncertainty. This second edition of *Chance Rules* again recounts the story of chance through history and the various ways it impacts on our lives. Here you can read about the earliest gamblers who thought that the fall of the dice was controlled by the gods, as well as the modern geneticist and quantum theory researcher trying to integrate aspects of probability into their chosen speciality. Example included in the first addition such as the infamous Monty Hall problem, tossing coins, coincidences, horse racing, birthdays and babies remain, often with an expanded discussion, in this edition. Additional material in the second edition includes, a probabilistic explanation of why things were better when you were younger, consideration of whether you can use probability to prove the existence of God, how long you may have to wait to win the lottery, some court room dramas, predicting the future, and how evolution scores over creationism. *Chance Rules* lets you learn about probability without complex mathematics.

The remarkable number of women taking the daunting step of having children outside of marriage is explored in this account of this fast-growing phenomenon, revealing why middle-class women have taken an unorthodox approach to parenthood and how they are making it work.

Mathematics was only one area of interest for Gerolamo Cardano ? the sixteenth-century astrologer, philosopher, and physician was also a prolific author and inveterate gambler. Gambling led Cardano to the study of probability, and he was the first writer to recognize that random events are governed by mathematical laws. Published posthumously in 1663, Cardano's *Liber de ludo aleae* (Book on Games of Chance) is often considered the major starting point of the study of mathematical probability. The Italian scholar

formulated some of the field's basic ideas more than a century before the better-known correspondence of Pascal and Fermat. Although his book had no direct influence on other early thinkers about probability, it remains an important antecedent to later expressions of the science's tenets.

How Much Do You Believe That What Happens to You Is the Result of Your Own Actions—or Do Circumstances Beyond Your Control Largely Determine Your Fate? Locus of Control (LOC) is a phrase used by psychologists to describe a widely effective way of assessing an individual's potential for success—personal, social, and financial. LOC measures how much you believe what happens to you is the result of your own actions or, conversely, of forces and circumstances beyond your control. People who accept that they are largely in control of their lives tend to do better than those who feel that fate or external factors rule what they do, especially in novel and difficult situations. This book explains LOC research, until now mainly confined to academic circles, in terms easily understandable to the average person. The author, a clinical psychologist who has spent nearly five decades investigating and writing about LOC, helps the reader to explore his or her own locus of control and what those orientations might mean for how life is lived. He discusses the extensively documented relationship between LOC and academic achievement, personal and social adjustment, health, and financial success. Dr. Nowicki notes that there has been an increasing tendency among Americans to feel as though their lives are slipping out of their control, and he identifies ways to reverse this negative trend. He describes how the Locus of Control is learned and demonstrates ways in which it can be changed to yield higher levels of achievement, success, personal satisfaction, and better interactions with others.

"In an intense tale of psychological suspense, a San Francisco psychiatrist becomes sexually involved with a female patient who suffers from multiple personality disorder, and whose pathological ex-husband is an Oakland homicide detective--from a Los Angeles Times Book Prize-winning author. Dr. Eldon Chance is a brilliant, lonely, forensic neuropsychologist with a long track record of getting involved with damaged, complicated women. While apartment hunting after separating from his wife, a series of bad decisions leads to Chance sleeping with a patient named Jaclyn Blackstone. Unfortunately her ex-husband is an Oakland homicide detective and the jealous type. Meanwhile, Dr. Chance meets a young man who goes by "D"; Chance believes he is a war-veteran, but he is in fact a deranged loner and self-styled Samurai skilled in the art of the blade. D is fascinated by Chance's tales of his tormented and increasingly dangerous affair with Jaclyn and advises him that her ex-husband will find a way to destroy Chance. As Detective Blackstone does indeed threaten the doctor, Chance and D plan a counter-strike. Meanwhile Chance continues his steamy affair with Jaclyn Blackstone (or is it one of her multiple personalities?) But the sexually voracious "Jackie Black" has a story that is far more complex and darker than he could have ever imagined ... Gritty, twisted, and impossible to put down, the surprises keep coming in Chance until the final page has been turned"--

"In an instant, I was pinned up against the side of the wall, 15 isolated floors above the crammed city of New Delhi, with more force than I'd ever felt before. His dark, dry lips hammered against mine...Time froze."How could a homespun Pennsylvanian like me be nearly sold into the sex trade? The answer lies in 1,000 seemingly unimportant decisions. But all too often we ignore our choices. How do you choose? Within the pages of The Chance to Choose, an unfettered guide to remedy your indecisiveness awaits. Nestled in the Biblical book of Jeremiah lies an often overlooked verse, containing a simple, flexible, and very powerful process for decision-making. The Jeremiah Method(tm) contains both structure and freedom, with pages of opportunity to piece together your personal transformation. May this be a safe place to fashion a course for the rest of your life, while learning to choose with confidence."Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls." Jeremiah 6:16

Previously published as Marry Smart and now updated with a new foreword responding to the controversy that followed its initial release, this is the unvarnished truth about marriage, motherhood, and happiness from the "Princeton Mom." Says James Taranto of The Wall Street Journal, "Every smart young woman should seriously consider Susan Patton's commonsense advice. Sure, it's controversial—but only because it's so vital." A graduate of one of the first classes of women at Princeton University, Susan Patton has heard smart young women admit they aspire to marriage and motherhood but have no model for pursuing those goals. Reflecting on the choices she made in her early twenties, she's boldly turned the tables on our "career first" conditioning and suggests that you seek out the golden opportunities right in front of you, right now. In Marry By Choice, Not By Chance, Patton shares the wisdom of her experience with warmth, humor, and very straight talk. But this is not your mother's dating guide—Marry By Choice, Not By Chance celebrates the vital achievements of traditional marriage and motherhood, and gives you the essential life strategies that no one's talking about, including how to strike while the greatest number of single young men is available to you; attract a man who is your intellectual and emotional equal; date to find a mate; and find total satisfaction in your roles as a wife and mother. Whether or not you are in college, whether your future plans are clear or still undecided, Marry By Choice, Not By Chance is a must-read for all young women who want to get the most out of love and life.

More and more we are challenged by today's learning environment – students are different, digital tools are evolving, and instructors are continually asked to do more with less yet show greater results. With the creation of Many Europes, Choice & Chance in Western Civilization, an entirely integrated program, we recognize this changing environment and set out with the goal of better meeting the western civilization course challenges of improving student performance, critical analysis skills, and overall comprehension in a continually evolving teaching and learning environment. What does it mean – integrated program? Rather than a traditional narrative text that then has ancillary support material or supplements tacked onto it, Many Europes was constructed as a program. Each narrative section has clearly stated learning objectives that are tied to the digital tools which drive the program's assessment. A key tool in driving knowledge is McGraw-Hill's LearnSmart, an adaptive assessment tool, which has proven results of increasing student comprehension and overall course results. Yet, we realize that while history instructors want students to know basic historical facts, the actual goal of the course is improving student's critical thinking abilities. Our Critical Missions develop analysis skills through the examination of maps, primary sources and the completion of a written argument. In addition, several other assignment types within McGraw-Hill's Connect drive the development of analysis skills and are also tied directly to learning objectives. What do we mean by Choice? Unique to this program, Many Europes discusses European history as a series of choices within a set of historical circumstances, driving greater critical analysis as students realize that Europe's fate was never inevitable but instead was created by individuals with diverse voices and perspectives.

Choice also means flexibility. Many European flexible content including a customizable documents collection available as print or digital as well as many user options from a completely digital experience to a hybrid print and digital experience, or if you must, an all print experience. What do we mean by Chance? In history chance shows itself as a dropped letter, an unexpected storm, or surprise turn of events. Chance can also show itself as a new way, path, or direction that allows for the anticipation and expectation of something better. Many European flexible content coupled with powerful digital learning tools and a customizable documents collection gives users an innovative choice for the teaching and learning of Western Civilization as well as a better chance for improved student results and course outcomes.

Fooled by Randomness is a standalone book in Nassim Nicholas Taleb's landmark Incerto series, an investigation of opacity, luck, uncertainty, probability, human error, risk, and decision-making in a world we don't understand. The other books in the series are The Black Swan, Antifragile, Skin in the Game, and The Bed of Procrustes. Fooled by Randomness is the word-of-mouth sensation that will change the way you think about business and the world. Nassim Nicholas Taleb—veteran trader, renowned risk expert, polymathic scholar, erudite raconteur, and New York Times bestselling author of The Black Swan—has written a modern classic that turns on its head what we believe about luck and skill. This book is about luck—or more precisely, about how we perceive and deal with luck in life and business. Set against the backdrop of the most conspicuous forum in which luck is mistaken for skill—the world of trading—Fooled by Randomness provides captivating insight into one of the least understood factors in all our lives. Writing in an entertaining narrative style, the author tackles major intellectual issues related to the underestimation of the influence of happenstance on our lives. The book is populated with an array of characters, some of whom have grasped, in their own way, the significance of chance: the baseball legend Yogi Berra; the philosopher of knowledge Karl Popper; the ancient world's wisest man, Solon; the modern financier George Soros; and the Greek voyager Odysseus. We also meet the fictional Nero, who seems to understand the role of randomness in his professional life but falls victim to his own superstitious foolishness. However, the most recognizable character of all remains unnamed—the lucky fool who happens to be in the right place at the right time—he embodies the “survival of the least fit.” Such individuals attract devoted followers who believe in their guru's insights and methods. But no one can replicate what is obtained by chance. Are we capable of distinguishing the fortunate charlatan from the genuine visionary? Must we always try to uncover nonexistent messages in random events? It may be impossible to guard ourselves against the vagaries of the goddess Fortuna, but after reading Fooled by Randomness we can be a little better prepared. Named by Fortune One of the Smartest Books of All Time A Financial Times Best Business Book of the Year NEW YORK TIMES BESTSELLER • The “compassionate” (People), “startling” (Baltimore Sun), “moving” (Chicago Tribune) true story of two kids with the same name from the city: One went on to be a Rhodes Scholar, decorated combat veteran, White House Fellow, and business leader. The other is serving a life sentence in prison. In development as a feature film executive produced by Stephen Curry, who selected the book as his “Underrated” Book Club Pick with Literati The chilling truth is that his story could have been mine. The tragedy is that my story could have been his. In December 2000, the Baltimore Sun ran a small piece about Wes Moore, a local student who had just received a Rhodes Scholarship. The same paper also ran a series of articles about four young men who had allegedly killed a police officer in a spectacularly botched armed robbery. The police were still hunting for two of the suspects who had gone on the lam, a pair of brothers. One was named Wes Moore. Wes just couldn't shake off the unsettling coincidence, or the inkling that the two shared much more than space in the same newspaper. After following the story of the robbery, the manhunt, and the trial to its conclusion, he wrote a letter to the other Wes, now a convicted murderer serving a life sentence without the possibility of parole. His letter tentatively asked the questions that had been haunting him: Who are you? How did this happen? That letter led to a correspondence and relationship that have lasted for several years. Over dozens of letters and prison visits, Wes discovered that the other Wes had had a life not unlike his own: Both had had difficult childhoods, both were fatherless; they'd hung out on similar corners with similar crews, and both had run into trouble with the police. At each stage of their young lives they had come across similar moments of decision, yet their choices would lead them to astonishingly different destinies. Told in alternating dramatic narratives that take readers from heart-wrenching losses to moments of surprising redemption, The Other Wes Moore tells the story of a generation of boys trying to find their way in a hostile world. BONUS: This edition contains a new afterword and a The Other Wes Moore discussion guide.

The New York Times bestselling WORLDWIDE phenomenon Winner of the Goodreads Choice Award for Fiction | A Good Morning America Book Club Pick | Independent (London) Ten Best Books of the Year "A feel-good book guaranteed to lift your spirits."—The Washington Post The dazzling reader-favorite about the choices that go into a life well lived, from the acclaimed author of How To Stop Time and The Comfort Book. Somewhere out beyond the edge of the universe there is a library that contains an infinite number of books, each one the story of another reality. One tells the story of your life as it is, along with another book for the other life you could have lived if you had made a different choice at any point in your life. While we all wonder how our lives might have been, what if you had the chance to go to the library and see for yourself? Would any of these other lives truly be better? In The Midnight Library, Matt Haig's enchanting blockbuster novel, Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist; she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.

A moving new middle-grade novel from the Newbery Honor author of RULES. When Lucy's family moves to an old house on a lake, Lucy tries to see her new home through her camera's lens, as her father has taught her -- he's a famous photographer, away on a shoot. Will her photos ever meet his high standards? When she discovers that he's judging a photo contest, Lucy decides to enter anonymously. She wants to find out if her eye for photography is really special -- or only good enough. As she seeks out subjects for her photos, Lucy gets to know Nate, the boy next door. But slowly the camera reveals what Nate doesn't want to see: his grandmother's memory is slipping away, and with it much of what he cherishes about his summers on the lake. This summer, Nate will learn about the power of art to show truth. And Lucy will learn how beauty can change lives . . . including her own.

Diane takes the mystery out of heart's desires and miracles. You will be amazed at the happiness that results from following her step-by-step guidance. Make the choice to read where miracles come from and why everyone can have them, regardless of their past. Take the chance to follow the step-by-step guidance Be amazed at the happy circumstances that result Then you will know heart's desires and

miracles are available whenever you desire them.

Happiness is the ultimate goal for so many of us, but why does it often feel like a destination that's completely unreachable? Everybody wants a better life, yet for so long we have been looking in all the wrong places and directing our focus outwards for solutions that can only be found on the inside. In this book, Niyc Pidgeon offers the missing piece of the puzzle to help you stop chasing your joy and finally start feeling it! Grounded in Niyc's training as a Positive Psychologist and her many years of coaching experience, *Now Is Your Chance* offers a 30-day guide to creating powerful, purposeful and meaningful change. It does not require any external resources – there's nothing new to buy, sign up for or schedule, and no other person to call on. You already have everything you need to start and succeed. Inspiring, motivating and practical, this programme shows you how to create a life filled with authentic and lasting joy. With this book, you have no excuse to put off your happiness until tomorrow – *Now Is Your Chance*.

Celebrated mathematician Amir D Aczel sets his sights on the probability theory - the branch of mathematics that measures the likelihood of a random event. What is commonly called 'luck' has mathematical roots - and in Aczel's capable hands readers learn to increase their odds of success in everything from true love to the stock market.

A New York Times Bestseller "I'll be forever changed by Dr. Eger's story... The Choice is a reminder of what courage looks like in the worst of times and that we all have the ability to pay attention to what we've lost, or to pay attention to what we still have."—Oprah "Dr. Eger's life reveals our capacity to transcend even the greatest of horrors and to use that suffering for the benefit of others. She has found true freedom and forgiveness and shows us how we can as well." —Desmond Tutu, Nobel Peace Prize Laureate "Dr. Edith Eva Eger is my kind of hero. She survived unspeakable horrors and brutality; but rather than let her painful past destroy her, she chose to transform it into a powerful gift—one she uses to help others heal." —Jeannette Walls, New York Times bestselling author of *The Glass Castle* Winner of the National Jewish Book Award and Christopher Award At the age of sixteen, Edith Eger was sent to Auschwitz. Hours after her parents were killed, Nazi officer Dr. Josef Mengele, forced Edie to dance for his amusement and her survival. Edie was pulled from a pile of corpses when the American troops liberated the camps in 1945. Edie spent decades struggling with flashbacks and survivor's guilt, determined to stay silent and hide from the past. Thirty-five years after the war ended, she returned to Auschwitz and was finally able to fully heal and forgive the one person she'd been unable to forgive—herself. Edie weaves her remarkable personal journey with the moving stories of those she has helped heal. She explores how we can be imprisoned in our own minds and shows us how to find the key to freedom. *The Choice* is a life-changing book that will provide hope and comfort to generations of readers.

A leader in decision-making research reveals how choices are designed—and why it's so important to understand their inner workings Every time we make a choice, our minds go through an elaborate process most of us never even notice. We're influenced by subtle aspects of the way the choice is presented that often make the difference between a good decision and a bad one. How do we overcome the common faults in our decision-making and enable better choices in any situation? The answer lies in more conscious and intentional decision design. Going well beyond the familiar concepts of nudges and defaults, *The Elements of Choice* offers a comprehensive, systematic guide to creating effective choice architectures, the environments in which we make decisions. The designers of decisions need to consider all the elements involved in presenting a choice: how many options to offer, how to present those options, how to account for our natural cognitive shortcuts, and much more. These levers are unappreciated and we're often unaware of just how much they influence our reasoning every day. Eric J. Johnson is the lead researcher behind some of the most well-known and cited research on decision-making. He draws on his original studies and extensive work in business and public policy and synthesizes the latest research in the field to reveal how the structure of choices affects outcomes. We are all choice architects, for ourselves and for others. Whether you're helping students choose the right school, helping patients pick the best health insurance plan, or deciding how to invest for your own retirement, this book provides the tools you need to guide anyone to the decision that's right for them.

It is a commonplace that scientific inquiry makes extensive use of probabilities, many of which seem to be objective chances, describing features of reality that are independent of our minds. Such chances appear to have a number of paradoxical or puzzling features: they appear to be mind-independent facts, but they are intimately connected with rational psychology; they display a temporal asymmetry, but they are supposed to be grounded in physical laws that are time-symmetric; and chances are used to explain and predict frequencies of events, although they cannot be reduced to those frequencies. This book offers an accessible and non-technical introduction to these and other puzzles. Toby Handfield engages with traditional metaphysics and philosophy of science, drawing upon recent work in the foundations of quantum mechanics and thermodynamics to provide a novel account of objective probability that is empirically informed without requiring specialist scientific knowledge.

A heart-rending but uplifting story of the human spirit's ability to prevail. From the day he is five-years-old and dropped off at his foster home of the next eleven years, Stephen is mentally and physically tortured. No one in the system can help him. No one can tell him if he has a family. No one can tell him why, with obvious African-American features, he has the last name of Klakowicz. Along the way, a single faint light comes only from a neighbor's small acts of kindness and caring—and a box of books. From one of those books he learns that he has to fight in any way he can—for victory is in the battle. His victory is to excel in school. Against all odds, the author succeeded. He attended college, graduated, became a successful corporate executive, and married a wonderful woman with whom he established a loving family of his own. Through it, he dug voraciously through records and files and found his history, his birth family—and the ultimate disappointment as some family members embrace him, but others reject him. Readers won't be the same after reading this powerful story. They will share in the hurts and despair but also in the triumph against daunting obstacles. They will share this story with their family, with their friends, with their neighbors.

Move Beyond Trade-Off Thinking When it comes to our hardest choices, it can seem as though making trade-offs is inevitable. But what about those crucial times when accepting the obvious trade-off just isn't good enough? What do we do when the choices in front of us don't get us what we need? In those cases, rather than choosing the least worst option, we can use the models in front of us to create a new and superior answer. This is integrative thinking. First introduced by world-renowned strategic thinker Roger Martin in *The Opposable Mind*, integrative thinking is an approach to problem solving that uses opposing ideas as the basis for innovation. Now, in *Creating Great Choices*, Martin and his longtime thinking partner Jennifer Riel vividly illustrate how integrative thinking works, and how to do it. The book includes fresh stories of successful integrative thinkers that will demystify the process of creative problem solving, as well as practical tools and exercises to help readers engage with the ideas. And it lays out the authors' four-step methodology for creating great choices, which can be applied in virtually any context. The result is a replicable, thoughtful approach to finding a "third and better way" to make important choices in the face of unacceptable trade-offs. Insightful and instructive, *Creating Great Choices* blends storytelling, theory, and hands-on advice to help any leader or manager facing a tough choice.

A powerful message of hope for anyone burdened by shame and for everyone who longs for a fresh, passionate, and fierce life. Now in convenient trade paperback and featuring a bonus section for guided reflection. This retitled edition of *People of the Second Chance* centers on HOPE. Every fierce and free life starts with that at the core. And every reader longs for a passionate and unstoppable spirit. This book will equip the reader to fight for hope and victory for others and also themselves. Foster's examination of hope is

one part challenge, two parts encouragement. He forces the reader to ask the following questions: How did I lose it? How do I get it? How do I give it? Each question is broken down into core concepts that are essential to a life devoted to the power of fierce and free living: awareness, discovery, ownership, forgiveness, acceptance, and freedom. Last Chance U star Brittany Wagner shows readers that even when they think they have failed and all hope is lost, every day offers a new chance to get up, start over, and seize the opportunities that come their way. In the Netflix hit docuseries Last Chance U, athletic academic counselor Brittany Wagner helped student-athletes who found themselves at a crossroads dig deep and move beyond personal failure to find success. Wagner's core mission—empowering others to bring their A-game into every interaction—is offered to readers here in Next Chance U, a motivational guide to personal success. Delivering practical strategies to help readers overcome obstacles, develop a growth mindset, and get out of their own damn way, she shares personal stories and lessons learned—from her own life and those she has counseled—with the same tough love and no-nonsense attitude that made her a fan favorite. Like many of the athletes she's worked with over the years, Brittany Wagner hasn't had it easy. From toxic relationships to challenging work environments, Brittany has had her own share of disappointments and setbacks in life, but her ability to reframe each day as an opportunity to start fresh has allowed her to rewrite her story and inspire those she's counseled to do the same. Sharing the daily habits and best practices that have helped her student-athletes go from their worst days to careers in the NFL, Next Chance U applies Brittany's experiential wisdom to everyday situations, giving readers a motivational shot in the arm to view every day as an opportunity to be better than before and put in the hard work necessary to make their dreams come true. She shares stories from her own life and those she has counseled with distilled, actionable advice that will embolden everyone from college students to CEOs to step away from their excuses and fearlessly pursue their goals, whether finding a new job, leaving a relationship, or simply having more compassion for themselves and others.

Ten years after the worldwide bestseller *Good to Great*, Jim Collins returns with another groundbreaking work, this time to ask: why do some companies thrive in uncertainty, even chaos, and others do not? Based on nine years of research, buttressed by rigorous analysis and infused with engaging stories, Collins and his colleague Morten Hansen enumerate the principles for building a truly great enterprise in unpredictable, tumultuous and fast-moving times. This book is classic Collins: contrarian, data-driven and uplifting. If you are over 45, single by choice or chance, living in Canada today and are examining the options for your future, this book is for you. The path you take depends on your preparedness from where you will live to how best to cope with aging parents and how you will address your own financial future. This book will assist you in designing a life plan that encompasses not only financial goals but also your other life priorities—such as career, relationship and other personal goals. Read on to find your own path to a happy, healthy, and financially stable longer life.

Examines the rewards and challenges childfree adults face living in a world that celebrates traditional families, offering advice on how to cope with the pressure of friends and family to have children, taking advantage of leisure time, and financial considerations.

Mathematics of Chance utilizes simple, real-world problems—some of which have only recently been solved—to explain fundamental probability theorems, methods, and statistical reasoning. Jiri Andel begins with a basic introduction to probability theory and its important points before moving on to more specific sections on vital aspects of probability, using both classic and modern problems. Each chapter begins with easy, realistic examples before covering the general formulations and mathematical treatments used. The reader will find ample use for a chapter devoted to matrix games and problem sets concerning waiting, probability calculations, expectation calculations, and statistical methods. A special chapter utilizes problems that relate to areas of mathematics outside of statistics and considers certain mathematical concepts from a probabilistic point of view. Sections and problems cover topics including: * Random walks * Principle of reflection * Probabilistic aspects of records * Geometric distribution * Optimization * The LAD method, and more. Knowledge of the basic elements of calculus will be sufficient in understanding most of the material presented here, and little knowledge of pure statistics is required. Jiri Andel has produced a compact reference for applied statisticians working in industry and the social and technical sciences, and a book that suits the needs of students seeking a fundamental understanding of probability theory.

Your most valuable asset is the people in your life. Does this sound familiar? You are so busy you don't have time for your friends. You get sick and no one shows up to help or express concern. You want someone in your life who really cares and knows who you are. You experience quick encounters as exciting, but at the end of the day you are still lonely. From your family to members of your congregation, to the people who deliver your mail or serve your coffee each morning, every person you know, every person you see is a part of your Personal Village. With this insightful, funny and approachable book as your guide, you can master the skills of getting closer with the people around you, of having people in your life "by choice, not by chance." "Too much is written about how to make money too little is written about how to strengthen our personal communities," according to respected relationship therapist, Marv Thomas. To combat the many dehumanizing effects of 21st century life, he has created the everyman's guide to enriching our lives by establishing deeper connections with the people around us. In this groundbreaking book, *PERSONAL VILLAGE, HOW TO HAVE PEOPLE IN YOUR LIFE BY CHOICE, NOT CHANCE*, Thomas explains how to add real value to your life by forming deeper, more meaningful relationships with the people in your life that matter most.

Follow cousins on a road trip to *Pride* as they dive into family secrets and friendships in this contemporary novel—perfect for fans of David Levithan and Becky Albertalli. As kids, Mark and his cousin Talia spent many happy summers together at the family cottage in Ontario, but a fight between their parents put an end to the annual event. Living on opposite coasts—Mark in Halifax and Talia in Victoria—they haven't seen each other in years. When their grandfather dies unexpectedly, Mark and Talia find themselves reunited

at the cottage once again, cleaning it out while the family decides what to do with it. Mark and Talia are both queer, but they soon realize that's about all they have in common, other than the fact that they'd both prefer to be in Toronto. Talia is desperate to see her high school sweetheart Erin, who's barely been in touch since leaving to spend the summer working at a coffee shop in the Gay Village. Mark, on the other hand, is just looking for some fun, and Toronto Pride seems like the perfect place to find it. When a series of complications throws everything up in the air, Mark and Talia—with Mark's little sister Paige in tow—decide to hit the road for Toronto. With a bit of luck, and some help from a series of unexpected new friends, they might just make it to the big city and find what they're looking for. That is, if they can figure out how to start seeing things through each other's eyes.

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This book, written by four internationally renowned bioethicists and first published in 2000, was the first systematic treatment of the fundamental ethical issues underlying the application of genetic technologies to human beings. Probing the implications of the remarkable advances in genetics, the authors ask how should these affect our understanding of distributive justice, equality of opportunity, the rights and obligations as parents, the meaning of disability, and the role of the concept of human nature in ethical theory and practice. The book offers a historical context to contemporary debate over the use of these technologies by examining the eugenics movement of the late nineteenth and early twentieth centuries. The questions raised in this book will be of interest to any reflective reader concerned about science and society and the rapid development of biotechnology, as well as to professionals in such areas as philosophy, bioethics, medical ethics, health management, law, and political science.

"The "Princeton mom" delivers unvarnished truths in this smart, straightforward, and witty book of life lessons for women"--

A New York Times Bestseller From Dr. Phil show regular and author of the New York Times bestselling Best Self: Be You, Only Better, a plan for taking immediate steps to improving your life Foreword by Dr. Phil McGraw It is estimated that we make 35,000 decisions every day. Right now, at least one decision we make will have a powerful ripple effect across all aspects of our life. But One Decision isn't about taking one overwhelming big step; it's about starting with a single, important choice we can make every day: the decision to be authentic. It is the decision to know who you are, to be who you are, and express yourself authentically. Whether you find yourself up against a new challenge, deciding on a change in direction, or in need of a total reinvention, Coach Mike has created a powerful blueprint to help you connect with your authenticity so that your life reflects who you truly are. With the tools in this book, you can transform what the obstacles in your life into new opportunities. He shows you how to stop constantly over-thinking the "big" decisions and reconnect with your gut instincts and make all of your decisions with confidence and peace of mind. And, this book helps you navigate the forces that routinely drive your decision making, ensuring that you're motivated by facts instead of fears, clarity over confusion, and evidence over emotion. One Decision is an inspiring and practical action plan to help you improve your life, find your purpose, improve your mental health and relationships, work on your physical health, and even make more money. Drawing on twenty years of experience helping individuals from all walks of life make real and lasting change, Coach Mike has a refreshing approach for motivating you to take a risk, be bold, and take real action toward a better life. A PENGUIN LIFE TITLE

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