

Applied Channel Theory In Chinese Medicine

A horse complains of a chest as tight as a bear's embrace, a goat bleats about skin as dry as parchment, and a rat describes his urine as darker than soya sauce. Join these lively characters and their friends as they seek diagnosis from wise animal sages and the yellow monkey emperor. Covering 78 syndromes of Chinese medicine, these cartoons graphically illustrate the disturbances and illnesses that can affect the organs of the body, or Zang Fu, as they are understood in Chinese medicine. They are accompanied by a concise list of symptoms for easy diagnostic reference. Combining Damo Mitchell's deep knowledge and experience with Spencer Hill's witty cartoons, this is a fun way to learn, remember and be entertained by the syndromes and their symptoms.

Acupuncture Anatomy: Regional Micro-Anatomy and Systemic Acupuncture Networks integrates Western and Eastern medicine, providing a scientific foundation to acupuncture. By correlating detailed anatomical information with specific acupuncture points, the book opens a window into understanding the physiological basis of acupuncture medicine. Each acupuncture point is described in terms of musculature, vasculature, and innervation. Special consideration is also given to the position of organs, muscles, nerves, arteries, and veins with respect to the acupuncture point. A separate section is devoted to cross sections of the human body. The book is divided into four major parts. The first part discusses the underlying principles of traditional Oriental medicine and acupuncture. The second covers the pathophysiology of the organ systems. The third reviews various disease etiologies and the last part presents common diseases that are effectively treated through acupuncture. Written by an author with

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degrees in both Western and Eastern medicine, the book's bulleted format and numerous illustrations make it easy to read and understand. It is a valuable companion for those wanting to bridge the gap between Eastern and Western medicine, as it relates to acupuncture.

"Applied Channel Theory in Chinese Medicine" demonstrates how a deeper understanding of the interrelationship between organ and channel theory can lead to more precise diagnoses and better clinical results. The book is a collaboration between Wang Ju-Yi, one of modern China's most respected scholars, teachers, and practitioners of traditional Chinese medicine, and his American apprentice and practitioner, Jason Robertson. While most textbooks focus either on the functions of the organs in basic physiology or on the uses of the channels in treatment, this book shows the essential relationships between the two. Theory and practice are connected through a detailed discussion of a channel palpation methodology developed by Dr. Wang, which leads to more precise and effective point selection, location, and technique. Applied Channel Theory in Chinese Medicine was developed during Mr. Robertson's apprenticeship with Dr. Wang in Beijing, and is presented in a unique and highly readable format that preserves the intimacy of dialogue between apprentice and teacher, with questions and answers, narratives, and case studies.

Applied Channel Theory in Chinese Medicine Wang Ju-Yi's Lectures on Channel Therapeutics Ten Key Formula Families in Chinese Medicine provides a practical path to a deeper understanding of traditional Chinese herbal formulas. Dr. Huang discusses the core aspects of the ten most important families of formulas in the classical formula tradition in a way that is both profound and accessible. By introducing the concept of constitutions and the attendant vulnerabilities of those constitutions to certain types of disorders, he hands the reader a very

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useful key to understanding how and when to use these formulas in the clinic. The ten families of formulas are grouped around the following herbs: Cinnamon - Cinnamomi Ramulus (gu zh) Ephedra - Ephedrae Herba (m hung) Bupleurum - Bupleuri Radix (chi h) Gypsum - Gypsum fibrosum (sh go) Rhubarb - Rhei Radix et Rhizoma (d hung) Coptis - Coptidis Rhizoma (hung lin) Aconite accessory root - Aconiti Radix lateralis preparata (zh f z) Dried ginger - Zingiberis Rhizoma (gn jing) Astragalus - Astragali Radix (hung q) Pinellia - Pinelliae Rhizoma preparatum (zh bn xi) For each family of formulas, Dr. Huang describes the associated presentation and constitutional aspects common to all members of the family, then turns to the individual formulas that are especially useful for treating particular aspects of that presentation. The discussion is embellished with case histories and relevant clinical research.

This revised edition includes a glossary of terms and a materia medica and formulary sufficient to practice the treatments described in the text. As such it is not only a unique, absolutely-defined and referenced text, but also a self-contained and inexpensive course of study. As a basic text produced to a multi-author, multi-publisher voluntary standard, this revised edition is a unique key for scholars and clinicians alike.

The 'Visual Materia Medica of Chinese Herbs' is a concise, organized, and beautiful photo identification guide for over 350 common Traditional Chinese Medicine (TCM) herbs. Used by students, teachers, practitioners, and doctors in universities and clinics around the world, the 'Visual Materia Medica of Chinese Herbs' is the de facto standard for Chinese herb photo identification. Students use it to replace long hours in the herb room or having to carry herb samples. Doctors and practitioners can quickly cross reference Latin, English, and Pinyin names, as well as glance at the Chinese characters, properties, temperatures, and channels.

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The book has been used for everything from classroom lectures to USDA import inspection. Each Chinese Herb Features: Pinyin name with tone marks Common English name Latin/Pharmaceutical name Chinese name (Chinese characters) Temperature scale Channels entered Herb properties Over 350 hi-res color photos, 32 herb categories, table of contents, multiple indices, 112 pages. The 2nd edition fixes all of the errors since the 1st edition, correcting herbs that were adulterated, replacements, or mislabeled.

The meridian test (or 'M-test') is a powerful assessment, treatment, and self-care system that can be used to improve athletic performance and physical fitness. It simplifies the assessment of strain and injury so that even nonacupuncturists and athletes can learn to apply massage and stretching more effectively. The M-Test is one of the most popular methods of sports acupuncture in Japan. Developed by Mukaino Yoshito, M.D., of the Sports and Health Science Department at Fukuoka University, the M-Test is based on his extensive experience in physical education and sports medicine. The M-Test uses the meridian system of acupuncture to analyze the movements of multiple joints and muscles in a holistic way. The most suitable meridians for treatment are identified by evaluating a sequence of movements. Flexibility and ease of movement in relation to the meridians are assessed to identify the areas and muscles that need treatment. Based on the M-Test results, the synergistic action of the joints and muscles involved in the movements can be facilitated with acupuncture, massage, or stretching. For the acupuncturist, the M-Test provides another powerful assessment tool for the treatment of pain and compromised movement. This system is compatible with

the traditional understanding of the meridians, but takes it a step further to clarify the relationship between the meridians and movement. Practitioners can render treatment with a better understanding of this relationship and identify the most effective points for treating pain and improving movement. The M-Test can also be used to evaluate the results of treatment or the stretching regimen so that a better strategy can be formulated if the results are unsatisfactory. Athletes can learn to perform M-Test movements before or even during competition to identify and correct abnormalities to improve their performance and prevent injuries.

Learn Chinese In 21 DAYS! This book contains 21 highly-informative chapters on the fundamentals of Mandarin Chinese, the most widely spoken language in the world. It is written to address the needs of travellers, entrepreneurs, and students who want to have a good grasp of the language in no time at all. This book is designed for beginners and intermediate learners of Chinese who prefer to learn at their own pace and convenience. It aims to provide self-learners an excellent foundation of the language by imparting essential grammar features, pronunciation, vocabulary, and key phrases in everyday conversations. The book starts with a few chapters on the basics of the Chinese language - pronunciation, numbers, telling time, months, days, and seasons, telling the year and date, colors, and common greetings. The succeeding chapters cover grammar topics such as parts of speech, word order, forming questions, making comparisons, and other unique features of Mandarin. Each grammar lesson is

presented in a straightforward manner and features relevant examples and charts, which were carefully selected and created to enhance the learner's comprehension and appreciation of the language, as well as to shorten learning time considerably. Finally, to fast-track your learning path, the book provides vocabulary listings as well as common phrases for different occasions - introducing yourself, talking about your family, asking for directions, eating out, shopping, booking a hotel, and getting around. Here is what you will find inside: The Basics Of Mandarin Chinese The Four Tones In Mandarin Counting And Numbers Telling Time Months, Days, and Seasons Pronouns Prepositions Adverbs Adjectives Forming Sentences Asking Questions In Mandarin making Comparisons Chinese In Action Useful Phrases Vocabulary And Much, Much More... Get Your Copy Right Now!

The ability to apply complex theory to practice is a vital skill for acupuncturists. Case studies and medical records are an extremely useful resource for understanding how to differentiate between different syndromes, and provide invaluable precedents for deciding upon appropriate methods of diagnosis and treatment. This book presents a collection of real case studies of patients who have been treated by prominent acupuncture practitioners in China. The case studies are divided into five sub-categories of disease, and include information on the patient's medical history, presenting complaint, symptoms, tongue and pulse examination, diagnosis, treatment, and prescription as well as the Western diagnosis. More than 170 different case studies

are included in the book, covering 73 different types of syndromes and disease. A useful appendix with the Chinese and English names for these syndromes is also included. Compiled by leading experts at the China Beijing International Acupuncture Training Center (CBIATC), under the editorial direction of leading Chinese clinicians Zhu Bing and Wang Hongcai, this book is a useful reference for acupuncture practitioners and students at all levels.

Integration of Chinese medicine in a cancer treatment strategy offers major advantages in dealing with commonly seen complications of the disease and in combating the side-effects of treatment by conventional medicine methods such as surgery, radiotherapy and chemotherapy. This new reference is the first comprehensive book in English on the Chinese medicine approach to cancer management, written by a highly respected TCM oncology specialist. Drawing on the author's wide experience in one of Beijing's leading hospitals, *Management of Cancer with Chinese Medicine* provides a unique insight into the Chinese approach to treating cancer, emphasizing the roles played by acupuncture, herbal medicine, Qigong therapy and diet therapy in strengthening the body and acting synergistically with conventional medicine to radically improve the quality of life of cancer patients. Presents the author's wide-ranging experience in the integration of Chinese and conventional medicine to achieve the most effective cancer treatment strategy. Designed for TCM practitioners to consult in their daily practice working either in an alternative or conventional medicine environment. Provides a

comprehensive discussion of the role of Chinese medicine in post-operative management and in reducing the main side-effects of radiotherapy and chemotherapy. Explains the application of Chinese medicine in the management of the main complications of cancer such as pain, fever and bleeding. Gives the etiology, pathology, and full pattern identification for each condition, with herbal medicine and acupuncture treatment indicated for each pattern. Features carefully selected clinical experiences and case studies of 16 other eminent Chinese doctors to place Professor Li's approach in perspective and broaden the information available to practitioners. Includes chapters on diet therapy and Qigong, both of which can be practiced by patients at home. Point names, the traditional means of identifying acupoints, have meanings that are hard to grasp. This text promotes understanding of each point's use in acupuncture practice by considering the meaning, context and significance of each. The 363 points covered are listed according to the system currently in use in China.

The Shang Han Lun (On Cold Damage) is among the oldest surviving, the most copiously annotated and the most revered of Chinas traditional medical texts. Of all of Chinas early medical classics, the Shang Han Lun is undoubtedly the one with the greatest relevance to the modern practice of Chinese medicine, and the one most deserving of Western attention. It was the first book to attempt to incorporate medicinal therapy into the medicine of systematic correspondences and channels and network vessels. Far ahead of its time in both theory and practice, it is not surprising that the

prescriptions it contains comprise an important part of today's medicinal formulary. Assists in the diagnosis of conditions resulting from fluid pathology and discusses approaches to treatment using both herbal remedies and acupuncture. The text is augmented by clinical cases and listings of formulae and herbs used in treatments. A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system, providing descriptives that include the key points, pathway, associated organs and points, physiology, pathology, clinical applications, and divergent, teninomuscular, and collateral channels.

In the first comprehensive and analytical study of therapeutic concepts and practices in China, Paul Unschuld traced the history of documented health care from its earliest extant records to present developments. This edition is updated with a new preface which details the immense ideological intersections between Chinese and European medicines in the past 25 years.

In Z'ev Rosenberg's second book, the scholar-physician shares his insights from his study of discrimination of movement in the vessels in the Nàn Jing. This book provides an accessible window into the world of classic vessel discrimination, and a deep explanation of the Nàn Jing as well as advising how it can inform modern clinical practice. The first chapters of the Nàn Jing examine the parameters of depth, length, qualities, five phase relationships, viscera/bowel, channel/network vessel and season.

Ripples in the Flow is designed as a compendium text that provides a commentary on these essential vessel discrimination chapters, as a teaching text, and as a clinical manual for practitioners of both acupuncture and herbal medicine. It will be especially useful for practitioners of five phase approaches to Chinese and Asian medical systems, as it will provide clear classical references for the knowledge that they have been taught in their formal training.

Why can salamanders grow new legs, and young children grow new finger tips, but adult humans can't regenerate? What is the electricity that flows through the human body? Is it the same thing that the Chinese call Qi? If so, what does Chinese medicine know, that western medicine ignores? Dan Keown's highly accessible, witty, and original book shows how western medicine validates the theories of Chinese medicine, and how Chinese medicine explains the mysteries of the body that western medicine largely ignores. He explains the generative force of embryology, how the hearts of two people in love (or in scientific terms 'quantum entanglement') truly beat as one, how a cheating heart is also an ill heart (which is why men are twice as likely to die of a sudden heart attack with their mistress than with their wife), how neural crest cells determine our lifespan, and why Proust's madeleines evoked the memories they did. The book shows how the theories of western and Chinese medicine support each other, and how the integrated theory enlarges our understanding of how bodies work on every level. Full of good stories and surprising details, Dan Keown's book is essential

reading for anyone who has ever wanted to know how the body really works. Through his decades-long experience as a practitioner, Dr. Jean-Marc Kespi has returned to the ancient roots of acupuncture and developed an approach to choosing the best points for a given situation. Traditional symbolism, as reflected in the names of points and descriptions of physiological processes, can offer clues to correlating the rules of medicine and the manifestations of health or illness in the human body. Dr. Kespi's approach utilizes this theoretical base, and proceeds from symbol to a specific diagnosis and therapeutic action, and onto the insertion of a needle in a precise point on the body. In this manner he shows the practitioner how to see beyond the symptoms and address the whole person, thereby providing more effective treatments. With keen insight into the meanings of individual points, Dr. Kespi typically uses only one to three needles to treat the disequilibrium found at the root level. In addition to laying out his ideas on the foundations of acupuncture, Dr. Kespi shares his wide experience in this book through over 100 case studies, which give the reader the opportunity to see the clinical efficacy of this method.

This book covers the principles and practice of combining acupuncture points - expanding a practitioner's repertoire and increasing their skills - enabling them to use a balanced and appropriate choice of points in the treatment of patients. Information on the combination of the main points of the fourteen channels is covered in the book prior to outlining specific point combinations for selected disease syndromes.

Discussion of combining points according to dermatome theory and according to the energy centres of the body is also discussed, as is combining points for the mind end emotions, and for lifestyle and behaviour. No existing book covers this aspect of clinical practice in such thorough and wide-ranging detail.

For more than four thousand years, Chinese scholars and medical practitioners have documented ways of maintaining health and treating illness, from theories of yin-yang and the zang-fu organs to the use of herbs and acupuncture. The Essential Book of Traditional Chinese Medicine marks the first time such concepts have been made accessible to Westerners in a comprehensive form.

"The essential reference for ancient Chinese medicine."—Donald Harper, University of Chicago

'A dictionary of research methodology and statistics in applied linguistics' is a reference guide which offers an authoritative and comprehensive overview of key terms and concepts in the areas of research and statistics as concerns the field of applied linguistics. The volume is intended as a resource to delineate the meaning and use of various concepts, approaches, methods, designs, techniques, tools, types, and processes of applied linguistics research in an efficient and accessible style. Some entries relating to statistical aspects of research are also used so as to help the researcher in the successful formulation,

analysis, and execution of the research design and carry the same towards its logical end. This book makes use of approximately 2000 entries on the key concepts and issues of research with cross references where necessary. This volume is designed to appeal to undergraduate and graduate students, teachers, lecturers, practitioners, researchers, consultants, and consumers of information across the field of applied linguistics and other related disciplines.

Paradigm Publications brings the medicine and healing of the Oriental tradition to English-speaking readers. Our work is based on the premise that the West will successfully absorb Oriental traditional healing arts only by honoring the respect for language, tradition, and nature on which they were founded. Seeking to accurately transmit an Asian expertise that is rooted in bedside skills and highly trained sensory observations, our books for clinical professionals are produced by cooperative teams of Asian and Western clinical experts, scholars, and linguists. By adhering to voluntary, multi-author, multi-publisher standards, these works become part of a valuable library that is not limited by the interests of any one author or publisher. Based on similar principles, our books for discriminating readers offer the simple utility people need to apply these arts to their lives. The only English language ed. of the 16th-c. classic available.

Chinese Medical Herbology and Pharmacology integrates contemporary

understanding of the ancient practice of Chinese herbal medicine with essential safety information for a context in which use of pharmaceutical and traditional medicines is increasingly integrated in the treatment of illness. In 1,266 information-packed pages, this text offers healthcare practitioners, researchers, educators and students information for a lifetime of learning and practice: 670 in-depth herb monographs; 1 150 photographs, classic line drawings, and chemical structure diagrams; far-reaching insights from academic, clinical, research and regulatory professionals; traditional uses and combinations, dosages, toxicology, cautions and contraindications; safety index, herb-drug interactions, clinical studies and research; and more.

A concise, colorful alternative to more detailed textbooks of medicine, this latest edition incorporates a large number of color photographs to show key presenting signs and symptoms as they are seen in practice. Offering a remarkable value, it features over 1,500 illustrations including clinical photographs, endoscopic images, ultrasound scans, ECG's, and summary tables. In addition to the illustrations, the book provides concise accompanying text, detailed legends, and Key Facts boxes to make exam revision easier. An unrivalled collection of clinical images depicts presenting signs and trains the reader to recognize the physical signs of underlying disorders. Focusing on only the essential concepts, it makes

learning and retention much easier. A convenient and portable size makes the book more manageable and appealing. A more accessible writing style, with headings and bullet points, assists speed reading and review. Key Facts boxes increase retention. Color photos and imaging pictures (CTs/MRIs) have been improved.

This is the first English translation of and commentary on Li Shi-Zhen's Exposition on the Eight Extraordinary Vessels. In addition to the original Chinese text and translation, the authors provide an overview of its themes -- theory, acupuncture, herbal medicine, internal cultivation, and pulse diagnosis -- extensive commentaries on the text, and a discussion of the book's influence on subsequent pre-modern and modern practitioners.

"The Chinese Materia Medica Flash Cards contain the essential information for the beginner on 305 different medicinals. The information was cross-referenced with what is being taught in the West and what is being taught in China in order to insure as accurate as possible content. The cards have a clear colour photo of their respective materia medica and are colour coded by category. They contain information on: names (hanzi, pin yin, pharmaceutical, English) -- properties -- channels -- dosage -- source text -- actions and indications -- cautions and contraindications" -- on container.

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Explores the ancient system of physiological medicine in China, and the system's applications in the field of modern medicine.

"'Women in Daoism' outlines the status and roles of women in the Daoist tradition from its inception to the present day. It describes the historical development and role of Daoist women in Chinese society, focusing on the different ideals women stood for as much as on the religious practices they cultivated."--Cover.

This exciting new edition of Five Element Constitutional Acupuncture gives a clear, detailed, and accessible presentation of the main features of constitutional Five Element acupuncture. It covers the context and history of this form of acupuncture, as well as the relevant Chinese medicine theory. After examining the Elements themselves and the functions of the Organs, the book explores the basis of diagnosis in Five Element acupuncture, possible blocks to treatment and the treatment itself. It puts this style of treatment into the context of other styles of acupuncture treatment — especially Traditional Chinese Medicine (TCM) as it is used in the West today. Features The Five Elements referred to in the title are Wood, Fire, Earth, Metal, and Water. Gives a clear, detailed and accessible presentation of the main features of Five Element Constitutional Acupuncture treatment. Covers the context and history of this form of acupuncture, as well as the relevant Chinese medicine theory. Includes an unambiguous description of the principle aspects of diagnosis within a system, ironing out inconsistencies often present in discussions of these aspects. This edition has been thoroughly revised throughout and includes a new and improved colour page design. Quotes from the foreword to the first edition by Peter Eckman, San Francisco: "...the authors have shown how their approach can even integrate with TCM findings to treat patients more completely and rapidly.

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As the case histories illustrate, Five Element Constitutional Acupuncture is a style of practice that is second to none, and this innovative text is an excellent resource for learning it" Praise for the First Edition: The authors take a comprehensive approach to treatment by including acupuncture, herbs and diet; the photos are good; and the cases are interesting.--The Lantern: A Journal of Traditional Chinese Medicine In this fully up-to-date Second Edition, experts in Chinese medicine explain how traditional Chinese tongue diagnosis can be used in daily practice to complement conventional Western methods. The guide begins with a brief introduction to the history, anatomy, physiology, and methodology of tongue diagnosis followed by basic techniques and systematic procedures for identifying the manifold individual characteristics of the tongue's shape and its many modifications. Full-color photographs of tongues then demonstrate a variety of clinical scenarios to help readers develop a holistic approach to diagnosis. Features An in-depth review of the tongue's most important anatomic and physiologic features, including the lingual papillae, the tongue muscles, arterial supply, and much more More than 180 full-color illustrations and high-quality clinical photographs of Western tongues enhance the text Treatment suggestions for using acupuncture, herbs, and nutrition accompany each clinical image Medical assessment of 28 case histories with real-life photographs from the authors' practice The Second Edition of Pocket Atlas of Tongue Diagnosis is an essential resource for every practitioner or student of Chinese medicine, acupuncture, or complementary medicine.

Dr. Seem proposes an integration of Traditional Chinese Medicine and psychosomatics in this model of health care that acknowledges the connection of body and mind.

This definitive acupuncture text, used for licensing examinations in many states, remains an

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essential reference for professionals and students.

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