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Introductions

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Law underlies our society - it protects our rights, imposes duties on each of us, and establishes a framework for the conduct of almost every social, political, and economic activity. The punishment of crime, compensation of the injured, and the enforcement of contracts are merely some of the tasks of a modern legal system. It also strives to achieve justice, promote freedom, and protect our security. The result is a system that, while it touches all of our daily lives, is properly understood by only a few, with its impenetrable jargon, obsolete procedures, and interminable stream of Byzantine statutes and judgments of the courts. This clear, jargon-free Very Short Introduction aims to redress that balance, as it introduces the essentials of law and legal systems in a lively, accessible, and stimulating manner. Explaining the main concepts, terms, and processes of the legal system, it focuses on the Western tradition (the common law and the civil law), but also includes discussions of other legal systems, such as customary law and Islamic law. And it looks to the future too, as globalization and rapid advances in technology place increasing strain on our current legal system. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

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An exploration of the concept of "nothing" journeys from ancient ideas and cultural traditions to the latest scientific research, discussing the history of the vacuum, theories on the nature of time and space, and other discoveries.

Introduction; 1 The information revolution; 2 The language of information; 3 Mathematical information; 4 Semantic information; 5 Physical information; 6 Biological information; 7 Economic information; 8 The ethics of information; Conclusion; References.

‘In his clear and accessible style, Colby Pearce defines the value and significance of resilience as an essential aspect of psychological survival. He traces the origins of resilience in the early relationships which shape our emotional and social development and describes processes and responses that enhance resilience for children who have had a less than adequate start in life. This is a valuable book for anyone involved in children's emotional well-being, from parents and community to schools and policy makers.’-Heather Geddes, Educational Psychotherapist and author of Attachment in the Classroom This is a short, accessible guide to promoting resilience in children. Resilience helps children to cope with adversity and ‘stand on their own two feet’, which can be crucial to their development, well-being, and future independence and success in adulthood. The author covers three key factors that affect resiliency: vulnerability to stress and anxiety, attachment relationships and access to basic needs. For each, the author gives practical advice and strategies, such as how to regulate children's stress and anxiety, how to encourage and maintain secure attachments, and how to assure children that their needs are understood and will be met. The model presented will help parents and carers ensure their children grow up happy, healthy and resilient. This book will be invaluable for parents, carers and practitioners in supportive roles caring for children. JKP Short

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Introductions JKP Short Introductions are the perfect starting point for any parent or professional who is caring for children or young people. Covering a range of key issues relating to mental health and well-being, these clear and easy-to-read books are packed with practical advice, tips and real-life examples. They are ideal for anyone working to help children to overcome problems and to develop healthy, happy and confident lives.

"Fully updated new edition"--Label on cover.

Psychology is part of everyone's experience: it influences the way we think about everything from education and intelligence, to relationships and emotions, advertising and criminality. People readily behave as amateur psychologists, offering explanations for what people think, feel, and do. But what exactly are psychologists trying to do? What scientific grounding do they have for their approach? This Very Short Introduction explores some of psychology's leading ideas and their practical relevance. In this new edition, Gillian Butler and Freda McManus explore a variety of new topics and ways of studying the brain. Until recently it was not possible to study the living human brain directly, so psychologists studied our behaviour, and used their observations to derive hypotheses about what was going on inside. Now - through neuroscience - our knowledge of the workings of the brain has increased and improved technology provides us with a scientific basis on which to understand the structure and workings of the brain, and allows brain activity to be observed and measured. Exploring some of the most important advances and developments in psychology - from evolutionary psychology and issues surrounding adolescence and aggression to cognitive psychology - this is a stimulating introduction for anyone interested in understanding the human mind. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost

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Increasing numbers of children and young people are presenting for treatment of an eating disorder, but there are many different types and they are often confused, making it difficult to know what support to offer. This easy-to-read guide presents all the vital information on a range of eating disorders: anorexia nervosa, bulimia nervosa, selective eating, and avoidant and restrictive intake disorders. Each eating disorder is clearly defined, making it easy to draw distinctions between them. The book covers their origins, characteristics and typical development, letting teachers and parents know what signs to look out for. There is practical advice on how to help young people, strategies for overcoming common difficulties, as well as information on available treatments. Vignettes feature throughout to help teachers and parents apply knowledge to real-life situations. This is an essential resource for teachers and parents of children and young people with eating disorders.

In recent decades we have come to realize that the microbial world is hugely diverse, and can be found in the most extreme environments. Fungi, single-celled protists, bacteria, archaea, and the vast array of viruses and sub-viral particles far outnumber plants and animals. Microbes, we now know, play a critical role in ecosystems, in the chemistry of atmosphere and oceans, and within our bodies. The field of microbiology, armed with new techniques from molecular biology, is now one of the most vibrant in the life sciences. In this Very Short Introduction Nicholas P. Money explores not only the traditional methods of microscopy and laboratory culture but also the modern techniques of genetic detection

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and DNA sequencing, genomic analysis, and genetic manipulation. In turn he demonstrates how advances in microbiology have had a tremendous impact on the areas of medicine, agriculture, and biotechnology. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

The science of psychoanalysis is now more than a century old. During this period, it has been established as the instrument offering the most profound understanding of the human mind, and as the most effective tool for treating psychic suffering we have at our disposal. A Short Introduction to Psychoanalysis offers readers an introduction to this extraordinarily interesting discipline. In this short volume, Giuseppe Civitarese and Antonino Ferro explore psychoanalysis, which is at the same time a theory of unconscious psychic processes, a technique for investigating these, and a method for curing various forms of psychic suffering, by explaining some of its main themes and ideas. As the only introductory text to the increasingly popular post-Bionian theory of the analytic field, A Short Introduction to Psychoanalysis examines the theory of dreams, the concept of the unconscious, the psychoanalytic clinic, the analysis of children and adolescents, and the history of psychoanalysis. In seeking to give a broad idea of what psychoanalysis is, what it has become, and the direction it may take in the future, this book will appeal to all those curious about this fascinating discipline, and is particularly aimed at students of psychology, the humanities, and of psychoanalytic institutes, as well as qualified psychoanalysts and psychotherapists.

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The new edition of an introductory text that teaches students the art of computational problem solving, covering topics ranging from simple algorithms to information visualization. This book introduces students with little or no prior programming experience to the art of computational problem solving using Python and various Python libraries, including PyLab. It provides students with skills that will enable them to make productive use of computational techniques, including some of the tools and techniques of data science for using computation to model and interpret data. The book is based on an MIT course (which became the most popular course offered through MIT's OpenCourseWare) and was developed for use not only in a conventional classroom but in a massive open online course (MOOC). This new edition has been updated for Python 3, reorganized to make it easier to use for courses that cover only a subset of the material, and offers additional material including five new chapters. Students are introduced to Python and the basics of programming in the context of such computational concepts and techniques as exhaustive enumeration, bisection search, and efficient approximation algorithms. Although it covers such traditional topics as computational complexity and simple algorithms, the book focuses on a wide range of topics not found in most introductory texts, including information visualization, simulations to model randomness, computational techniques to understand data, and statistical techniques that inform (and misinform) as well as two related but relatively advanced topics: optimization problems and dynamic programming. This edition offers expanded material on statistics and machine learning and new chapters on Frequentist and Bayesian statistics.

Intended for undergraduate non-science majors, satisfying a general education requirement or seeking an elective in natural science, this is a physics text, but with the emphasis

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on topics and applications in astronomy. The perspective is thus different from most undergraduate astronomy courses: rather than discussing what is known about the heavens, this text develops the principles of physics so as to illuminate what we see in the heavens. The fundamental principles governing the behaviour of matter and energy are thus used to study the solar system, the structure and evolution of stars, and the early universe. The first part of the book develops Newtonian mechanics towards an understanding of celestial mechanics, while chapters on electromagnetism and elementary quantum theory lay the foundation of the modern theory of the structure of matter and the role of radiation in the constitution of stars. Kinetic theory and nuclear physics provide the basis for a discussion of stellar structure and evolution, and an examination of red shifts and other observational data provide a basis for discussions of cosmology and cosmogony.

Every atom of our bodies has been part of a star. Our very own star, the Sun, is crucial to the development and sustainability of life on Earth. This Very Short Introduction presents a modern, authoritative examination of how stars live, producing all the chemical elements beyond helium, and how they die, sometimes spectacularly, to end as remnants such as black holes. Andrew King shows how understanding the stars is key to understanding the galaxies they inhabit, and thus the history of our entire Universe, as well as the existence of planets like our own. King presents a fascinating exploration of the science of stars, from the mechanisms that allow stars to form and the processes that allow them to shine, as well as the results of their inevitable death. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors

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combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Throughout history plague has been the cause of many major catastrophes. It was responsible for the Black Death of 1348 and the Great Plague of London in 1665, and for devastating epidemics much earlier and much later, in the Mediterranean in the sixth century, and in China and India between the 1890s and 1920s. Today, it has become a metaphor for other epidemic disasters which appear to threaten us, but plague itself has never been eradicated. In this Very Short Introduction, Paul Slack explores the historical impact of plague over the centuries, looking at the ways in which it has been interpreted, and the powerful images it has left behind in art and literature. Examining what plague meant for those who suffered from it, and how governments began to fight against it, he demonstrates the impact plague has had on modern notions of public health and how it has shaped our history. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

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introduction for anyone interested in understanding the human mind. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Frank Close describes the historical development of nuclear physics, our understanding of the nucleus, how nuclei form, and the applications of the field in medicine. Exploring key concepts, he shows how nuclear physics brings the physics of the stars to Earth.

Self-harm and suicidal behaviors are increasingly common in young people, but are often hidden. A Short Introduction to Helping Children and Young People Who Self-Harm aims to show parents, caregivers and professionals how they can support young people through these difficult times, as well as how to find specialist professional help. The author uses an easy-to-read, jargon free and positive approach to tackle the stigma attached to self-harm and suicidal behavior. This book combines case studies with professional advice to help the reader take the first steps towards helping the young person in need. It advises on how to distinguish between normal adolescent behavior and the signs of mental health problems, while showing how an adult can sensitively communicate with a teenager about the difficult subject. The book also emphasizes the importance of parents and caregivers seeking support for themselves. This book will be an invaluable resource for parents, teachers, youth workers, and others who care for a young person showing signs of self-harm or suicidal behavior.

Chaos exists in systems all around us. Even the simplest

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system of cause and effect can be subject to chaos, denying us accurate predictions of its behaviour, and sometimes giving rise to astonishing structures of large-scale order. Our growing understanding of Chaos Theory is having fascinating applications in the real world - from technology to global warming, politics, human behaviour, and even gambling on the stock market. Leonard Smith shows that we all have an intuitive understanding of chaotic systems. He uses accessible maths and physics (replacing complex equations with simple examples like pendulums, railway lines, and tossing coins) to explain the theory, and points to numerous examples in philosophy and literature (Edgar Allen Poe, Chang-Tzu, Arthur Conan Doyle) that illuminate the problems. The beauty of fractal patterns and their relation to chaos, as well as the history of chaos, and its uses in the real world and implications for the philosophy of science are all discussed in this Very Short Introduction. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Psychopathy is a personality disorder that has long captured the public imagination. Newspaper column inches have been devoted to murderers with psychopathic features, and we also encounter psychopaths in films and books. Individuals with psychopathy are characterised in particular by lack of

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empathy and guilt, manipulation of other people and, in the case of criminal psychopathy, premeditated violent behaviour. They are dangerous and can incur immeasurable emotional, psychological, physical, and financial costs to their victims and their families. Despite the public fascination with psychopathy, there is often a very limited understanding of the condition, and several myths about psychopathy abound. For example, people commonly assume that all psychopaths are sadistic serial killers or that all violent and antisocial individuals are psychopaths. Yet, research shows that most psychopaths are not serial killers, and, equally, there are plenty of antisocial and violent offenders who are not psychopaths. This Very Short Introduction gives an overview of how we can identify individuals with or at risk of developing psychopathy, and how they differ from other people who display antisocial behavior. Essi Viding also explores the latest genetic, neuroscience, and psychology evidence in order to illuminate why psychopaths behave and develop the way they do, and considers whether it is possible to prevent or even treat psychopathy. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Our extraordinary capacity to reason and solve problems sets us aside from other animals, but our evolved

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thinking processes also leave us susceptible to bias and error. The study of thinking and reasoning goes back to Aristotle, and was one of the first topics to be studied when psychology separated from philosophy. In this Very Short Introduction Jonathan Evans explores cognitive psychological approaches to understanding the nature of thinking and reasoning, problem solving, and decision making. He shows how our problem solving capabilities are hugely dependent on also having the imagination to ask the right questions, and the ability to see things from a completely new perspective. Beginning by considering the approaches of the behaviourists and the Gestalt psychologists, he moves on to modern explorations of thinking, including hypothetical thinking, conditionals, deduction, rationality, and intuition. Covering the role of past learning, IQ, and cognitive biases, Evans also discusses the idea that there may be two different ways of thinking, arising from our evolutionary history. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

What is knowledge? How does it differ from mere belief? Do you need to be able to justify a claim in order to count as knowing it? How can we know that the outer world is real and not a dream? Questions like these are ancient ones, and the branch of philosophy dedicated to answering them - epistemology - has been active for

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thousands of years. In this thought-provoking Very Short Introduction, Jennifer Nagel considers these classic questions alongside new puzzles arising from recent discoveries about humanity, language, and the mind. Nagel explains the formation of major historical theories of knowledge, and shows how contemporary philosophers have developed new ways of understanding knowledge, using ideas from logic, linguistics, and psychology. Covering topics ranging from relativism and the problem of scepticism to the trustworthiness of internet sources, Nagel examines how progress has been made in understanding knowledge, using everyday examples to explain the key issues and debates

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Risk is everywhere - from genetically modified crops, dams, and stem-cell therapy to heartbreak, online predators, inflation, and robbery. This Very Short Introduction examines what science has learned about how people deal with risks, what we can learn through decision theory, and how we can evaluate risk in our own lives.

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Jessica Kingsley Publishers

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Since dyslexia was first described in the British Medical Journal in 1896, there has been debate about the definitions and diagnostic procedures used, with some casting doubt on its very existence. However, there is now a considerable body of research regarding the nature and characteristics of this relatively common learning disorder. The contemporary view of dyslexia has emerged from a century of research in medicine, psychology, and more recently neuroscience, and we now understand enough about this learning disorder to guide policy and practice. This Very Short Introduction provides an accessible overview of this exciting field of research, beginning with its history, and drawing on testimony from people living with dyslexia. Considering the potential causes of dyslexia, and looking at both genetic and environment factors, Margaret Snowling shows how cross-linguistic studies have documented the prevalence of dyslexia in different languages. Discussing the various brain scanning techniques that have been used to find out if the brains of people with dyslexia differ in structure or function from those of typical readers, Snowling moves on to weigh up various strategies and interventions which can help people living with dyslexia today. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

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Very Short Introductions: Brilliant, Sharp, Inspiring

Arbitration is a legal dispute resolution mechanism, alternative to courts. It provides binding decisions, enforceable around the world. It is where parties take their disputes when they have agreed that courts, for one reason or another, do not suit them - which happens more often than one might think. Some of the most politically sensitive disputes on the largest scale go to arbitration. Countries which need to settle their boundaries in areas of the oceans rich in oil, gas and other resources sometimes arbitrate, and much of the war in Sudan was eventually tied up with an arbitration. Investors who have staked billions of dollars in unstable developing countries rely on arbitration clauses to protect their investments. But also much smaller, everyday cases are routinely dealt with by arbitration - millions of consumers, whether they know it or not, enter into arbitration contracts when they conclude routine transactions. Even athletes get involved in arbitration cases of great notoriety, for instance when these relate to doping offences during the Olympic Games. This Very Short Introduction explains what arbitration is, how it works, what parties who have agreed to go to arbitration should expect, the relationship between arbitration and the law, and the politics of arbitration. It also considers where the global system of arbitration is headed.

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new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Statistics has evolved into an exciting discipline which uses deep theory and powerful software to shed light on the world around us: from clinical trials in medicine, to economics, sociology, and countless other subjects vital to understanding modern life. This Very Short Introduction explores and explains how statistics works today.

A short introduction in understanding alchemy, its history and the theories behind it.

Adolescence can be a turbulent period.

Encompassing both classic and modern research, Smith explores its cultural and historical context, the biological changes to the adolescent brain, and the difficulties - the search for identity, relationship changes, risk-taking and anti-social behaviours - that adolescence brings.

Climate change is affecting every country on every continent. It is disrupting national economies and affecting lives. Weather patterns are changing, sea levels are rising, and weather events are becoming more extreme. Although greenhouse gas emissions are projected to drop about 6 per cent in 2020 due to travel bans and economic slowdowns resulting from the COVID-19 pandemic, this improvement is only temporary. Climate change is not on pause. Once the global economy begins to recover from the pandemic, emissions are expected to return to

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higher levels. Saving lives and livelihoods requires urgent action to address both the pandemic and the climate emergency. This is the descriptive introduction to climate change.

"Understanding Japanese Woodblock-Printed Illustrated Books offers a wider understanding and appreciation of the illustrated books produced in Japan between 1603 and 1912. It is a valuable tool for scholars of early modern Japanese art and literature and a broad range of other disciplines who wish to integrate the content of Japanese illustrated books into their teaching and research. As a handbook aimed at collectors, curators and librarians, it is also an essential resource to assist in evaluating, describing and conserving the books in their care. The background essays, a detailed glossary and case studies are equally of interest to students of the history and art of the book, publishing, printing and book illustration."--

What is 'nothing'? What remains when you take all the matter away? Can empty space - a void - exist? This Very Short Introduction explores the science and the history of the elusive void: from Aristotle who insisted that the vacuum was impossible, via the theories of Newton and Einstein, to our very latest discoveries and why they can tell us extraordinary things about the cosmos. Frank Close tells the story of how scientists have explored the elusive void, and the rich discoveries that they have made there. He

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takes the reader on a lively and accessible history through ancient ideas and cultural superstitions to the frontiers of current research. He describes how scientists discovered that the vacuum is filled with fields; how Newton, Mach, and Einstein grappled with the nature of space and time; and how the mysterious 'aether' that was long ago supposed to permeate the void may now be making a comeback with the latest research into the 'Higgs field'. We now know that the vacuum is far from being empty - it seethes with virtual particles and antiparticles that erupt spontaneously into being, and it also may contain hidden dimensions that we were previously unaware of. These new discoveries may provide answers to some of cosmology's most fundamental questions: what lies outside the universe, and, if there was once nothing, then how did the universe begin? ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

The tradition of ancient philosophy is a long, rich and varied one, in which a constant note is that of discussion and argument. This book introduces readers to some ancient debates to engage with the

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ancient developments of some themes. Getting away from the presentation of ancient philosophy as a succession of Great Thinkers, the book gives readers a sense of the freshness and liveliness of ancient philosophy, and of its wide variety of themes and styles. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Modern statistics is very different from the dry and dusty discipline of the popular imagination. In its place is an exciting subject which uses deep theory and powerful software tools to shed light and enable understanding. And it sheds this light on all aspects of our lives, enabling astronomers to explore the origins of the universe, archaeologists to investigate ancient civilisations, governments to understand how to benefit and improve society, and businesses to learn how best to provide goods and services. Aimed at readers with no prior mathematical knowledge, this Very Short Introduction explores and explains how statistics work, and how we can decipher them. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area.

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Starting with an examination of how historians work, this "Very Short Introduction" aims to explore history in a general, pithy, and accessible manner, rather than to delve into specific periods.

Quantum Theory is the most revolutionary discovery in physics since Newton. This book gives a lucid, exciting, and accessible account of the surprising and counterintuitive ideas that shape our understanding of the sub-atomic world. It does not disguise the problems of interpretation that still remain unsettled 75 years after the initial discoveries. The main text makes no use of equations, but there is a Mathematical Appendix for those desiring stronger fare. Uncertainty, probabilistic physics, complementarity, the problematic character of measurement, and decoherence are among the many topics discussed.

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topics highly readable.

How much faith should we place in what scientists tell us? Is it possible for scientific knowledge to be fully "objective?" What, really, can be defined as science? In the second edition of this Very Short Introduction, Samir Okasha explores the main themes and theories of contemporary philosophy of science, and investigates fascinating, challenging questions such as these. Starting at the very beginning, with a concise overview of the history of science, Okasha examines the nature of fundamental practices such as reasoning, causation, and explanation. Looking at scientific revolutions and the issue of scientific change, he asks whether there is a discernible pattern to the way scientific ideas change over time, and discusses realist versus anti-realist attitudes towards science. He finishes by considering science today, and the social and ethical philosophical questions surrounding modern science. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

A genuinely original and accessible invitation to thinking about politics that shows how the realm of

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politics has an impact on our everyday lives, and that our everyday lives are themselves 'political'.

This is a non-technical introduction to the main issues and findings in current brain research. It gives a sense of how neuroscience addresses questions about the relationship between the brain, and thought, memories, perceptions, and actions.

Covering the details of brain science in an accessible style, it includes up to date coverage of developments of brain research, and suggests directions future research might take. The Brain also integrates discussion of the more familiar implications of the brain's actions, such as memories, perceptions, and motor control. Contents: Mind and brain: what's the problem? Let's get physical Sight, sound, and imagination Last week's potatoes! Perception to action Altered states of mind Where do we go from here?

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